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East Penn School District

Alburtis & Willow Lane Elementary APRIL 2012



Contact Info: Aneita Sutton/ Paul Vlasics: Food Service Directors 610-965-1680 asutton@eastpennsd.org

Menu subject to change

	Mon	Tue	Wed	Thu	Fri	
<u>Breakfast Prices</u> \$1.10 Paid \$.30 Reduced <u>Lunch Prices</u> \$1.90 Paid \$2.25 Dominos Paid \$.40 Reduced	<u>2- NO ALTERNATE</u> HAMBURGER / CHEESEBURGER ON A BUN BROCCOLI APPLESAUCE 1/2 PINT MILK	<u>3- NO ALTERNATE</u> CHEESE PIZZA GREEN BEANS CRISP PEAR CUP 1/2 PINT MILK	<u>4-NO ALTERNATE</u> BAKED CHICKEN STRIPS WHEAT BREAD FRESH VEGETABLES FRESH FRUIT 1/2 PINT MILK	<u>5</u> NO SCHOOL	<u>6</u> NO SCHOOL	<u>Alb/Willow/Shoe: ALA CARTE OPTIONS:</u> <i>Mondays:</i> Nutri-Grain Bars \$.75 <i>Tuesdays:</i> W/G Jungle Cracker \$.50 <i>Wednesdays:</i> 4 oz Yogurt \$.75 <i>Thursdays:</i> Fruit Snacks \$.50 <i>Fridays:</i> Cheez Its \$1.00
<u>Breakfast Menu:</u> T/W/Th- Hot May Include: french toast sticks, waffles, pancakes, pizza, sausage pancake on a stick, variety of sandwiches M/ F- Cold May Include: cereal variety, toast, muffins, whole wheat rolls, whole grain bars Fruit and Milk are included daily	<u>9</u> NO SCHOOL	<u>10- NO ALTERNATE</u> DOMINO PIZZA SLICE TOSS SALAD FRUIT COCKTAIL 1/2 PINT MILK	<u>11</u> POPCORN CHICKEN BOWL (CHICKEN, MASHED POTATOES, CORN, CHEESE, GRAVY) WHEAT BREAD PEACH CUP 1/2 PINT MILK	<u>12</u> CHICKEN PASTA BAKE (CHICKEN, PASTA, SAUCE, CHEESE) MULTI GRAIN DINNER ROLL TOSS SALAD FRESH FRUIT 1/2 PINT MILK	<u>13</u> TOASTED HAM & CHEESE GLAZED CARROTS PINEAPPLE TIDBITS 1/2 PINT MILK	Daily milk offering FAT FREE Chocolate, FAT FREE Strawberry, 1% White and Skim
	<u>16</u> CHICKEN CHEESE STEAK (SEASONED CHICKEN, MARINARA, MOZZ CHEESE) CARROT STICKS PEAR CUP 1/2 PINT MILK	<u>17</u> EGG & CHEESE SANDWICH ON A BUN POTATO ROUNDS HOT APPLE CRISP 1/2 PINT MILK	<u>18</u> TURKEY & CHEESE HOAGIE ON SEEDED ROLL SWEET POTATO BAKE PEACH CUP 1/2 PINT MILK	<u>19- NO ALTERNATE</u> NACHO CHIPS W/ SEASONED GROUND BEEF (TOPPINGS: CHEESE, LETTUCE, SALSA) FRESH VEGETABLES MANDARIN ORANGES 1/2 PINT MILK	<u>20</u> HAM & CHEESE ON SLICED WHEAT BREAD FRESH GARDEN PEAS APPLESAUCE 1/2 PINT MILK	Alternate Lunch Choice M: BURGER T/W/Th: SALAD BAR F: CHICKEN NUGGETS
	<u>23</u> GRILLED CHICKEN BREAST ON A BUN CARROT STICKS FRESH APPLE 1/2 PINT MILK	<u>24</u> WHEAT PENNE CASSEROLE (PASTA, SAUCE, CHEESE) MULTI GRAIN DINNER ROLL TOSS SALAD PEACH CUP 1/2 PINT MILK	<u>25</u> HOT SLICED TURKEY ON ITALIAN BREAD W/ GRAVY GREEN BEANS FRUIT COCKTAIL 1/2 PINT MILK	<u>26</u> HAM TETRAZZINI (DICED HAM, PASTA, CHEESE, PEAS IN A WHITE SAUCE) WHEAT BREAD SUCCOTASH PINEAPPLE TIDBITS 1/2 PINT MILK	<u>27- NO ALTERNATE</u> PANCAKES SAUSAGE LINKS POTATO ROUNDS FRESH ORANGE 1/2 PINT MILK	
	<u>30</u> CHICKEN PARMESAN ON A BUN (CHICKEN, MOZZ CHEESE, SAUCE) CARROT STICKS MANDARIN ORANGES 1/2 PINT MILK					Bottled water is available daily 8 oz \$.50