



Pizza- variety daily

Plain, Pepperoni, and Buffalo Chicken

Grab and Go

Two varieties daily of hot sandwiches which could include: chicken sandwich varieties, hamburgers & cheeseburgers, meatball subs, fish sandwiches, hot hoagies and hot dogs.

Alternating Bar

All schools offer an alternating lunch bar which includes a pasta bar or nacho bar.

All are served with a choice of vegetable, fruit and milk.



Boxed Wraps

Chicken assortments, Caesar, snacker, and vegetable
Each box entrée is served with choice of vegetable, fruit and milk.

Boxed Salads

Chicken assortments, Caesar, tuna, garden, fruit salad w/ cottage cheese
Served with a fruit, roll, and milk

Daily Salad bar is available
Fresh vegetables and meat choices.

Food Service Director
Aneita Sutton
Phone: 610-965-1680
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6/1 - Hot Dog on a bun- French Fries

EMMAUS HIGH DOMINO LUNCH

6/2 - Popcorn Chicken Bowl- Mashed potatoes, corn, chicken cheese, gravy

EMMAUS HIGH DOMINO LUNCH

6/3- Spaghetti w/ Meatballs - Side Salad

6/4- Turkey and cheese Hoagie - Garden Peas, hot apple slices

NO EHS SERVICE

6/7 - Chicken Patty on a Bun- Green beans

EYER DOMINO LUNCH; NO EHS SERVICE

6/8 - Nacho Chips- Seasoned ground beef, salsa, shredded lettuce, mozz cheese

NO EHS SERVICE

6/9 - Ham and Cheese on a Bun- Apple crisp

LMMS DOMINOS LUNCH; NO EHS SERVICE

6/10 - Sliced Pork Roast- Scalloped potatoes, gravy, dinner roll

NO EHS SERVICE

6/11 - Pizza Sticks- Marinara on the side, toss salad

NO SALAD BAR THIS WEEK-LIMITED BOXED SALADS

6/14- Cheese steak Sandwich- Seasoned beef w/ mozz cheese on a roll

6/15 - BBQ Pork Riblet on a Roll- Corn

6/16 - Breaded Chicken Pieces- Thighs, breasts, legs; cooked carrots, dinner roll

EYER GRILL OUT; NO EHS SERVICE

6/17- Toasted Ham and Cheese Sandwich- Potato wedges, ambrosia

(fruited gelatin) ; **NO EHS SERVICE**

6/18- Hamburger/Cheeseburger- Baked beans

NO EHS SERVICE

NO SALAD BARS; LIMITED DELI BARS

6/21 - Pizza- Assorted vegetable and fruit;

NO EHS SERVICE;

6/22- **NO LUNCH SERVICE; MONEY COLLECTING AT MIDDLE LEVELS ONLY**

Each entrée served with choice of bread, vegetable, fruit and low fat milk.
Fresh fruit & fresh vegetable varieties available daily.

All menu items are subject to change.

**Lunch Prices- Paid: \$1.80 Reduced \$0.40 Adult \$3.25
Dominos \$1.95 Adults \$4.25**

8th grade!!! There is no borrowing for lunch at the high school. Please make sure all debts are paid before Sept 2010. SENIORS please use up money in your account.

Online student account information is available at
www.mylunchmoney.com

Offered daily are a variety of ala carte snack items. Please see:
www.eastpennsd.org
for our up to date list with pricing.

Deli Creations

Made to order Deli Bar

All schools offer a variety of meats and cheeses on our made to order deli bars. Selections include: Turkey, Roast Beef, Salami, Bologna, Tuna Salad, Provolone, Mozzarella, and American Cheeses.

Bread varieties include: Club rolls, Healthy breads, Steak rolls, wraps, and white bread

Panini's

Panini's: EHS ONLY

2 VARIETIES DAILY

All sandwiches served with choice of fruit, vegetable, and low fat milk

Breakfast

Monday: Cereal
Tuesday: Breakfast Pizza
Wednesday: Cereal
Thursday: Pancakes
Friday: Cereal



We offer 1% White, Skim, and Low Fat flavored milk daily.

Additional nutritious beverages are available ala carte.