

# LMMS Pink Out and 5K

## Women's 5K Classic (Allentown):

October 15, 2011

This year, LMMS is forming a team to race or walk at the Allentown Breast Cancer 5K in honor of Mrs. Harned, one of our 8th grade science teachers recovering from breast cancer.

- Only FEMALE racers/walkers are permitted to participate in the event as per the 5K's rules. Men are welcome to cheer us on!
- LMMS will NOT be chaperoning or providing transportation to or from the event. Parents/Guardians are responsible for student(s) at the event.
- Any FEMALE interested in joining the team should visit [www.womens5kclassic.org](http://www.womens5kclassic.org) to register online.
- There is a registration fee payable by credit card and a registration deadline of October 8th for the race.
- Our team name is "Michelle's Belles" and must be typed in correctly upon registration.

## LMMS Pink Out:

October 14, 2011

The second annual LMMS Pink Out will take place the day before the race to support our team of racers/walkers and Breast Cancer awareness.

- T-shirts will be for sale for those who wish to participate.
- T-shirt designs will be on display on the bulletin board at the bottom of the middle stairwell.
- Proceeds from t-shirt sales will be donated to the 5K on our teams' behalf.

### T-SHIRT ORDERING INFORMATION

Student Name: \_\_\_\_\_ Grade \_\_\_\_\_ Homeroom # \_\_\_\_\_

I will be participating in the Allentown 5K race/walk (females only) and would like a "Michelle's Belles" team t-shirt. (The 5K will also provide you with a general shirt for participating in the event).

I will not be participating in the Allentown 5K, but would like an LMMS Pink Out t-shirt to support our LMMS team and Breast Cancer awareness.



Both the "Michelle's Belles" and "LMMS Pink Out" t-shirt will cost \$5.00. The shirts are very similar, except that the Michelle's Belles shirt includes the 5K team name. Please circle the size below, they are adult sizes. A limited supply of XXL shirts are available at \$6.00.

"Michelle's Belles" T-shirts ordered \_\_\_\_\_ x \$5.00 = \_\_\_\_\_ S    M    L    XL  
 "LMMS Pink Out" T-shirts ordered \_\_\_\_\_ x \$5.00 = \_\_\_\_\_ S    M    L    XL

\*Please include cash or checks made payable to "Lower Macungie Middle School" with the lower portion of this form.

\*Forms should be returned to the students homeroom teacher no later than September 30th.

\*Questions about the event can be directed to Mrs. Scisly in 6th grade, Mrs. Laub in 7th grade, Mrs. Harned in 8th grade or Mrs. Rainford.