

**EAST PENN SCHOOL DISTRICT**  
800 Pine Street  
Emmaus, PA 18049



## **COMMUNITY RESOURCE BOOKLET**

Phone: 610-966-8300

Website: [www.eastpennsd.org](http://www.eastpennsd.org)

August 2010

2010 East Penn Board of School Directors

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For information regarding 1) civil rights, 2) grievance procedures, 3) services, activities and facilities that are accessible to and usable by handicapped persons, or 4) employee or participant complaints of harassment or discrimination, contact Mrs. Noelle Keeler, Compliance Officer, 800 Pine Street, Emmaus, PA 18049. The Federal Drug-Free Workplace Act requires that your workplace be free of the illegal use of drugs and requires that we issue the following statement to you: No one is allowed to use, make, sell, distribute or have in their possession any illegal drugs. Any violation of the act will lead to severe disciplinary action which will normally include dismissal.

This resource directory was created from a variety of sources for the expressed purpose of providing the East Penn School District with community resource information. In no way, is this an endorsement of any particular program or agency, but rather this serves as a directory of supports available in our local community.

Special thanks go to Community Services for Children, Inc. Their "Community Resource Booklet" provided the foundation for this document and without their permission to reproduce parts of their booklet; this task would have been ten times more challenging.

If you find inaccurate information as you use this directory, please contact Joelle Hower, Family Services Coordinator, at 610-966-8448 or internally at extension 33040; therefore, corrections can be made when the directory is updated annually.

Joelle Hower  
Family Services Coordinator  
East Penn School District

## Hotlines and Emergency Numbers

Lehigh County Information and Referral:  
610-782-3200

First step in accessing any county services  
(Children & Youth, MH/MR, Agency on Aging, Substance Abuse and Early Intervention)

### HOTLINES

CRIME VICTIM'S COUNCIL  
610-437-6611  
Hotline for victims of sexual abuse/assault

CRISIS INTERVENTION  
610-782-3127  
Emergency mental health assistance; 24 hours  
a day, 7 days a week.

PROJECT CHILD  
610-691-1200  
24-hour hotline for parents at risk of abuse.

VALLEY WIDE HELP  
Allentown: 610-435-7111  
Spanish Information: 610-866-1089  
Information and referral service. Bilingual  
staff.

### ALCOHOL / DRUG ABUSE

LEHIGH COUNTY DRUG AND ALCOHOL  
INTAKE UNIT  
610-432-2228  
Assessment and referral for drug problems for  
adults and adolescents.

AL-ANON or ALATEEN  
610-778-2066  
Provides an updated listing of support groups  
in the Lehigh Valley for relatives and friends of  
alcoholics.

ALCOHOLICS ANONYMOUS  
610-882-0558  
Provides an updated listing of AA support  
groups in the Lehigh Valley

### CHILD ABUSE

CHILDLINE AND ABUSE REGISTRY  
1-800-932-0313  
Call to report suspected child abuse. All  
phone calls are confidential. You remain  
anonymous. 24 hours a day, 7 days a week.

LEHIGH COUNTY OFFICE OF CHILDREN  
AND YOUTH  
610-782-3064  
Child protection services

### DATE RAPE & FAMILY VIOLENCE

CRIME VICTIM'S COUNCIL  
OF THE LEHIGH VALLEY  
610-437-6610  
Individual and group counseling; court  
accompaniment; support groups for children  
and adults; education and prevention.

TURNING POINT OF THE LEHIGH VALLEY  
610-437-3369  
Domestic violence hotline.

### EMERGENCY SHELTER

TURNING POINT OF THE LEHIGH VALLEY  
610-437-3369  
Domestic violence hotline.

VALLEY YOUTH HOUSE  
610-691-1200  
Hotline for homeless youth. Provides shelter  
and transitional housing for youths ages 12  
through 17.

### FREE HIV/STD TESTING

ALLENTOWN HEALTH BUREAU  
610-437-7754  
Free confidential testing; other health services  
available

### MATERNAL CHILD HEALTH

PLANNED PARENTHOOD OF NORTHEAST  
PENNSYLVANIA  
610-439-1033  
Provides reproductive health services,  
counseling, walk-in pregnancy testing, STD  
testing and treatment.

CARE-NET PREGNANCY CENTERS OF THE  
LEHIGH VALLEY  
610-821-4000 (Allentown)  
Free pregnancy testing, counseling, referrals  
for other needs, baby items.  
Does not refer for abortion.

**MATERNAL CHILD HEALTH (cont.)**

LEHIGH VALLEY HOSPITAL HEALTH  
HOTLINE  
610-402-2273

Information on health issues, pregnancy,  
doctor referrals and second opinions.

CATHOLIC CHARITIES  
610-435-1541

Counseling, pregnancy, mental health  
concerns.

ALLENTOWN, WOMEN'S CENTER  
610-770-9077

Gynecological services

**MENTAL HEALTH**

LEHIGH COUNTY CRISIS HOTLINE  
610-782-3127

Emergency mental health services for suicide  
ideation and other serious personal issues.

KIDS PEACE  
610-799-8000

Helping kids overcome crisis. Offers a variety  
of inpatient and outpatient programs for  
children and teens.

[www.kidspeace.org/penn.htm](http://www.kidspeace.org/penn.htm)

FAMILY ANSWERS  
610-435-9651

Affordable counseling services for families,  
children and individuals  
(sliding-fee scale for the uninsured)

THE WARMLINE  
610-820-8451

For mental health concerns, you can call  
anytime, 24 hours, if you need someone to  
listen, someone who cares. They can provide  
resources if needed.

In Spanish - 484-233-0785, 6-10 PM daily.

<http://hopehouse-rhd.org/>

Lehigh Valley Resource Directory/  
Lehigh Valley directory for mental health, drug  
& alcohol, crisis resources

**POLICE**

Alburtis

911 - emergency

610-437-5252 - non-emergency

Emmaus

911 - emergency

610-437-5252 - non-emergency

Macungie

911 - emergency

610-437-5252 - non-emergency

PA State Police

911 - emergency

610-395-1438 - non-emergency

**POISON CONTROL**

1-800-222-1222

1-800-722-7112

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## **ADULT EDUCATION / TRAINING / LITERACY**

### **ADULT LITERACY CENTER OF THE LEHIGH VALLEY**

801 Hamilton Mall, Allentown, PA 18101-2420

610-435-0680

Website: [www.theliteracycenter-lv.org](http://www.theliteracycenter-lv.org)

Provides Free GED classes; (client must be able to speak English for these). Provides English as a Second Language for non-English speaking individuals, as well as classes to improve reading and writing skills. All classes are free and held at a variety of locations.

### **BETHLEHEM YWCA - WAND Program -- Women Achieving New Directions**

22 W. Broad Street, Bethlehem, PA 18018

610-867-4669

WAND helps low income or unemployed women “discover the power within” and get higher-paid occupations. Offers help with job search, resumes, and interviewing skills in a 6-week training program. Free job-appropriate clothing is also available. Open to Northampton and Lehigh County residents.

### **CAREER LINK**

State of PA agency providing a “One Stop Center” open to all who need jobs and training. Job referrals for local and state jobs. Classes in resume writing, interviewing, job search, and computers. Provides payment for career training to those eligible. Offers GED/English as a Second Language classes, also Civil Service testing for State jobs on site. Over 20 community partner agencies on-site providing related services like child care referral info, veteran’s resources and unemployment benefit appeals. All services are free. NOTE: Spanish only speakers’ orientation given weekly; call for times. Bilingual services (in Spanish and English) available. New: Basic computer workshops offered in Spanish. Visit their website at [www.careerlinklehighvalley.org](http://www.careerlinklehighvalley.org) for more information.

### **ALLENTOWN CAREER LINK**

1601 Union Boulevard, Allentown, PA 18109

610-439-1123, 610-437-5627

TTY: 610-821-6760

Hours: Monday through Friday -- 8:00 A.M. until 4:00 P.M., Wednesday 10:30 A.M. until 7:00 P.M.

### **CENTER FOR HUMANISTIC CHANGE**

2200 Avenue A, Suite 106, Bethlehem, PA 18017

484-821-0375

Website: [www.thehc.org](http://www.thehc.org)

Training programs in the community for organizations/schools on wellness, parenting, drug and alcohol prevention, and kids experiencing divorce/separation. Peer medication, conflict resolution, violence, bullying prevention and life skills.

***ADULT EDUCATION / TRAINING / LITERACY (continued)***

– **COMMUNITY ACTION DEVELOPMENT CORPORATION OF ALLENTOWN**

443 North Seventh Street, Allentown, PA 18102  
610-433-5703

Learn how to start your own business. Intensive training for low-income first-time business owners through The Start Your Business Program.

– **EAST PENN SCHOOL DISTRICT- Community Relations**

800 Pine Street, Emmaus, PA 18049  
610-966-8335  
610-966-8300  
Website: [www:eastpennsd.org](http://www.eastpennsd.org)

Offers non-credit community education programs in a variety of areas: recreation, exercise and fitness, arts and crafts, CPR, computer classes, etc.

– **HISPANIC AMERICAN ORGANIZATION, INC.**

462 Walnut Street, Allentown, PA 18102  
610-435-5334 / Services in Spanish and English

Helps people find employment through a temp agency. Offers GED classes, ESL classes, computer classes. Assists in getting birth certificates.  
Provides rental assistance for those who are at risk of being evicted or are homeless.

– **JOB CORPS**

A GED and job skills program for youth, ages 16-24, who have left high school. High school graduates are also eligible for job skills training. It is both a residential program (students live in dorms), and non-residential program and federally funded, so it is free. While they earn their GED, students can learn their skills/trades: auto mechanics, carpentry, health occupations, culinary arts, landscaping and many other areas. There are many recreational opportunities on- or off-site; students receive an allowance.

There are four sites in PA: Hazelton, Ricketts Glenn, Philadelphia and Pittsburgh. A Job Corps representative visits Lehigh Valley Career Link to talk to potential Job Corps enrollees (by appointment).

**New program offers college scholarships:** Job Corps and Lehigh Carbon Community College will offer scholarships to high school/GED grads who qualify. Call **1-800-354-9758** for more information.

To reach the admission team for Lehigh County call: 1-800-269-5640 or 610-372-5200

***ADULT EDUCATION / TRAINING / LITERACY (continued)***

– **LEHIGH CARBON COMMUNITY COLLEGE**

Website: [www.lccc.edu](http://www.lccc.edu)

City Site:

Donley Center, 718 Hamilton Mall, Allentown, PA 18101  
610-799-1940

Main Campus in Schnecksville

4525 Education Park Drive, Schnecksville, PA 18078  
610-799-1575

Provides ESL-Adult Basic Education-GED  
Preparation and Prep Program, Training classes for credit or non-credit.  
Offers Associates (2 year) degrees and various length career training classes to earn certificates.

- **LEHIGH CAREER & TECHNICAL INSTITUTE** (formerly Lehigh County Vo-Tech)  
Community Education Department  
4500 Education Park Drive, Schnecksville, PA 18078  
610-799-2300  
Website: [www.lcti.org](http://www.lcti.org)

GED Testing and School-to-Work program 610-799-1361  
Vocational-technical training classes for high school age to adult: construction, CDL, truck driving, mechanical, culinary, health (over 40 skill areas).

- **NEW CHOICES / NEW OPTIONS PROGRAMS**  
Website: [www.northampton.edu/office/ncno](http://www.northampton.edu/office/ncno)

Assists single, separated, divorced, widowed individuals and homemakers entering or re-entering the work force. Two areas: Career Exploration and Training, computer, math refresher, college classes. Helps parents update skills and learn new ones. Child care funding and tuition funding available to those who qualify. New Choices/New Options classes are offered evenings or days. Call 610-861-5350. Also helps those interested in non-traditional careers; for example, Heavy Equipment Operator for a woman, Nursing for a male. Available in Lehigh, Northampton, Monroe, and Bucks counties at various sites.

- **OFFICE OF VOCATIONAL REHABILITATION (OVR)**  
45 North Fourth Street (Social Security building), Allentown, PA 18101  
610-821-6441  
TTY/TDD: 610-821-6144

OVR is a federal program with funding for job training, vocational rehabilitation, and counseling for individuals with physical or mental disabilities who have trouble getting and holding a job. Serves Lehigh, Northampton and Carbon Counties. OVR has a Spanish-speaking counselor 1 day a week. Call for appointment.

***ADULT EDUCATION / TRAINING / LITERACY (continued)***

- **ST. MARGARET'S EPISCOPAL CHURCH**  
150 Elm Street, Emmaus, PA 18049  
610-965-7051

Offers classes to improve reading and writing skills as well as English as a second language. This is a free program. Classes are held on Tuesday evenings from 7:00-8:30 pm and free child care is provided. Please call the church for more information.

## **AFTER-SCHOOL PROGRAM (Free)**

### **BETHEL BIBLE FELLOWSHIP CHURCH**

418 Elm Street, Emmaus, PA 18049

610-965-2682

Website: [www.BethelBFC.org](http://www.BethelBFC.org)

This is a free program available to students in kindergarten through grade 5 who attend Jefferson and Lincoln Elementary schools. Currently the program is available on Mondays from 3:30-5:30 and on Wednesdays from 1:30-5:30. The program days may expand if the need exists. The program includes: snack time, homework help and recreational activities. Please call the church or go to their website for more details.

## **BEREAVEMENT**

### **CAMELOT FOR CHILDREN**

2354 W. Emmaus Avenue, Allentown, PA 18103

610-791-5683

Website: [www.camelotforchildren.org](http://www.camelotforchildren.org)

Individual and group counseling provided by Ted Brent. For teen and adults going through any kind of grief. Monday and Thursday evenings. Call 610-776-7266 for more information and to sign up.

### **COMPASSIONATE FRIENDS**

A support group for parents of all ages, grieving the loss of a child. The Lehigh Valley Chapter meets at Sacred Heart Hospital, 2<sup>nd</sup> Floor, 7 p.m., 2<sup>nd</sup> Monday of the month. Call 610-820-4004 for more information. Free parking provided. Please call before attending.

## **BEREAVEMENT (continued)**

### **– DIAKON CHILDREN'S BEREAVEMENT PROGRAM**

1-877-438-3511

1-570-459-6778

Website: [www.diakon.org/berereavement](http://www.diakon.org/berereavement)

Camp Evergreen Weekend is a special camp for children and teenagers between the ages of 8 and 14 who have experienced the death of a loved one. It is designed to encourage them to express their feelings of confusion, loss and grief with others their age in an atmosphere of fun and friendship under the guidance and supervision of bereavement counselors and adult volunteers. Held annually, usually in June at:

382 Camp Kresge Lane

White Haven, PA 18661

Registration is required. It is free of charge to participants. Please call for more information.

### **– LEHIGH VALLEY HOSPITAL**

#### **Bereavement Care Workshop**

Eight-week bereavement workshop for adults who have recently lost a loved one.

Thursday evenings beginning September 9, 2010, 7-9 p.m. Held at the John And Dorothy Morgan Cancer Center at Lehigh Valley Hospital Cedar Crest location.

For further information or to register please call Lorraine Gyauch at 610-402-0513.

#### **Bereavement Care Support Group**

Meets year-round on the second Tuesday of the month, 7:00-9:00 pm at the Dorothy Morgan Cancer Center. Call Lorraine Gyauch at 610-402-0513 for more information.

### **– ST. LUKE'S HOSPICE**

Wendy Littner Thomson, Bereavement Coordinator and Counselor

610-997-7121

- Eight-week workshops run three times each year (Sept-Oct, Jan-Feb, May-June)-must register in advance. Held in 3 different locations. Bethlehem, Quakertown and Lehigh.
- Monthly book discussion on loss and grief. Meets at Barnes and Noble at the Promenade in Center Valley, the 2<sup>nd</sup> Tuesday of each month, from 7:00-8:30. Call Wendy Littner Thomson at 610-997-7121 for the book being discussed, and to register.
- Walking through grief. Meets weekly at 1510 Valley Center Parkway, Bethlehem on Mondays, 11 am to noon. Some discussion and then walking on paved walking trails. No registration required.
- Gentle yoga for the grieving heart. Tuesdays, 1:00-2:30. Held year round in 8 week blocks. Bethlehem Public Library, Church St. Bethlehem. No cost but must register on library web site [www.bapl.org/wordpress](http://www.bapl.org/wordpress)
- Coping with Grief at the Holidays. Nov. 16, 2010, 7:00-8:30 St. Luke's Bethlehem Campus. Must call to register. Call for information about other special programs being offered.

## ***BEREAVEMENT (continued)***

### **ST. LUKE'S HOSPICE**

Bob Shrom, Children's Bereavement Coordinator.  
484-241-8043

Ryan's Tree for Grieving children.

Held at First Presbyterian Church, Center Street, Bethlehem, PA.

Also, held at St. John's Lutheran Church in Fogelsville on Thursday evenings.

This is a six-week workshop, which runs quarterly, for children and adolescents, ages 3-18. from 6:30-8:30 P.M.

A group for parents runs concurrently with the group for children.

6:30 - 7:00 P.M. Dinner is served together.

7:00 P.M. children break into groups according to age.

Reconvene as a group at 8:15 PM. to close.

Contact Bob Shrom to register or for more information.

### **SURVIVORS OF SUICIDE**

Family Answers (formerly Family and Counseling Services)

411 Walnut Street, Allentown, PA 18102

610-435-9651

Meets on site the first and third Mondays of the month from 7:00 - 8:00 p.m.

## **CHILD CARE**

### **PENNSYLVANIA'S CHILD CARE SUBSIDY PROGRAM**

Services: Helps lower income families find child care. Helps eligible families pay for child care from (0 - 13) years). For example, a family of 4 must earn less than \$38,700/yr.

Eligibility: Parent must be working at least 20 hours a week.

Note: There may be a waiting list for child care subsidy.

In Lehigh County contact:

**Child Care Information Services of Lehigh County/Tot - Info**

Community Services for Children

1520 Hanover Avenue, Allentown, PA 18109

610-437-6000 Ext. 2319

Call for listings and descriptions of regulated child care centers, family day care providers, and before and after school child care programs as well as other programs for children. This free service also includes information on selecting quality child care. Go to [www.compass.state.pa.us](http://www.compass.state.pa.us) to search for local child care centers and to apply for the subsidy program. You can also call for an application for subsidized child care.

**CHILD CARE (continued)**

– **UNCONDITIONAL CHILD CARE**

2200 West Broad Street, Bethlehem, PA 18018  
610-419-4500 (phone)  
610-419-3888 (fax)  
1-866-800-3880 (toll free)

Provides intervention for children who are at risk of being withdrawn from their licensed child care program due to difficult behavior. Eligibility: Families that are enrolled in licensed child care programs. Referrals to Unconditional Child Care are made by child care providers, parents, and agencies.

**CLOTHING BANKS**

– **EVERLASTING LIFE MINISTRIES**

224 North Sixth Street, Allentown, PA 18101  
610-434-1477

Clothing bank is on Wednesday 10 a.m. - noon. Enter alley door in basement of Bethany Church.

– **PERFECT FIT FOR WORKING WOMEN, THE**

TEC Center, 1101 Hamilton Street, 5<sup>th</sup> floor, Allentown, PA 18101  
610-871-5060 (Has evening appointments)

Provides gently used and new outfits for women's job interviews and first week of work. Need referral from an agency like Head Start. Also has site at Allentown YMCA/YWCA for resume, interviewing assistance. (Volunteer run, Call for hours, they vary)

– **SALVATION ARMY -- ALLENTOWN**

144 North Eighth Street, Allentown, PA 18102  
610-432-0129

Open 9 a.m. to noon, and 1:00 - 2:00 p.m. Monday through Friday.

## **COMMUNITY AGENCIES AND PROGRAMS**

### **BIG BROTHERS / BIG SISTERS OF LEHIGH VALLEY, INC.**

878 Minesite Road, Allentown, PA 18103

610-391-1827

Website: [www.bbbslv.org](http://www.bbbslv.org)

Provides male/female role models for children ages 7-14. The program focuses on friendships rather than activities.

Volunteers must be 18 years old and a resident of Lehigh/Northampton counties.

Volunteers interact with children 3 - 6 hours per week for a minimum of one year.

Requirements: Children come from single parent home.

Waiting List: Boys minimum of 1 year due to lack of male volunteers. Shorter list for girls.

### **CASA GUADALUPE CENTER**

143 Linden Street, Allentown, PA 18101

610-435-9902

Website: [www.casalv.org](http://www.casalv.org)

Since 1969, this center has offered health, education, social services and community development programs. They also provide social service case management. In addition they offer PPL operation help. This program helps people pay for heating bills to avoid a disruption in service.

### **CATHOLIC CHARITIES**

530 Union Boulevard, Allentown, PA 18103-1230

610-435-1541

Offer counseling services. Runs a pregnancy/support counseling program for expectant adults and young families called "Caring Hearts".

Adoptions, to adopt, or adopt out. Foster care program.

Assists with immigration problems, paperwork and citizenship classes.

Free, or sliding fee scale for some programs.

Spanish speakers on staff.

### **CENTER FOR HUMANISTIC CHANGE**

2200 Avenue A, Suite 106, Bethlehem, PA 18017

484-821-0375

Website: [www.theCHC.org](http://www.theCHC.org)

Offers training programs in the community for organizations/schools on wellness, parenting, drug and alcohol prevention, and kids experiencing divorce/separation.

Peer mediation, conflict resolution, violence, bullying prevention and life skills programs.

## **COMMUNITY AGENCIES AND PROGRAMS (continued)**

### **COMMUNITY EXCHANGE**

610-969-2486

If you would like to learn a new skill, need help with yard work or need a ride to an appointment, this is the program for you. You don't need to pay any money, just give someone else your time and help.

When neighbors exchange services, everyone benefits. If you have time to help a neighbor in need by providing a service to them, then you are needed.

Community Exchange is a project of the Lehigh Valley Hospital, Community Health Department. Call for more information.

### **CONCERN**

#### Bethlehem Office:

90 South Commerce Way, Bethlehem, PA 18018

610-691-8401

(no adoption services at this location)

#### Fleetwood Office:

1 West Main Street, Fleetwood, PA

610-944-0445

(adoption)

Services: Foster and adoption placement. Counseling provided (individual, family, marital). Provides in-home child counseling. Also provides EAP: Employee Assistance Program. Requirements: Private or agency referrals. Cost: Must pay up front before services provided. May be possible to reimburse you through insurance companies. Accepts Magellan Insurance (MA), Med+, Mercy, Sliding fee scale based on income.

### **CRIME VICTIM'S COUNCIL OF LEHIGH VALLEY**

#### Allentown Office:

801 Hamilton Street, Allentown, PA 18101

610-437-6610

#### Easton Office:

2031 Hay Terrace, Suite 101, Easton, PA 18042

610-250-6313 (call for information)

#### **Hotline:**

Crime Victims Abuse Crisis Line

610-437-6611

This is a private, non-profit agency that is dedicated to providing professional counseling, advocacy services and prevention education services to victims of crime and residents in Lehigh and Northampton Counties at no charge. Services include a 24 hour hotline, individual counseling, support group counseling, hospital, court and police accompaniment and victims' compensation.

## **COMMUNITY AGENCIES AND PROGRAMS (continued)**

- **FAMILY ANSWERS** (formerly Family and Counseling Services of Lehigh Valley)  
411 Walnut Street, Allentown, PA 18102  
610-435-9651 (Some bilingual services)

General counseling for people of all ages and backgrounds. Individual, couple, family and group therapy. All counseling conducted by master's level clinician.

Cost: sliding fee scale \$25 - \$80 visit. Accepts some managed care programs. Now accepts medical assistance.

S.H.A.P.E. Program (Schools Hospital Abuse Prevention Effort) SHAPE provides a variety of therapeutic, educational and referral services to families who reside in Lehigh County and voluntarily agree to participate. Each family receives services for six (6) months. Services are provided in-home by case managers and family advocates. Must be referred by Lehigh County Children and Youth. For more specific information about SHAPE, call Family and Counseling Services at 610-435-9651. Counseling offered for Spanish-speaking families in this program.

Ways to Work - A family loan program assists parents in maintaining employment or continuing their education by providing low interest loans for purchase of car or car repairs.

- **FAMILY PROJECT OF THE MORNING CALL, THE**  
The Family Project, a column of The Morning Call, offers parenting and family issues advice on a variety of topics. The columns are from a panel of local professionals in the education, child development and counseling fields. You can find the columns and advice at [www.mcall.com/features/family/family\\_project](http://www.mcall.com/features/family/family_project).

- **FLORENCE CHILD GUIDANCE CENTER**  
Division of Pinebrook Services  
402 North Fulton Street, Allentown, PA 18101  
610-432-0521 (Bilingual Services)

Counseling for children to 18 years. Has evening and Saturday hours.  
Cost: Blue Cross/Blue Shield, Medical Assistance, other insurances accepted.

- **HISPANIC AMERICAN ORGANIZATION, INC.**  
462 Walnut Street, Allentown, PA 18102  
610-435-5334 (Services in Spanish and English)

Helps people find employment through a temp agency. Offers GED classes, ESL classes, computer classes. Assists in getting birth certificates.  
Provides rental assistance for those who are at risk of being evicted or are homeless.

## **COMMUNITY AGENCIES AND PROGRAMS (continued)**

### **KIDSPEACE**

KidsPeace is a private, not-for-profit organization dedicated to serving the critical behavioral and mental health needs of children, preadolescents, and teens. Headquartered in Orefield, Pennsylvania, KidsPeace offers a comprehensive range of treatment programs to help families help kids anticipate and avoid crisis whenever possible. KidsPeace serves children and adolescents from the ages 5 through 18.

#### **Services Provided in the Greater Lehigh Valley Area:**

KidsPeace Hospital: Freestanding psychiatric hospital designed for treatment of children and adolescents 5 through 18.

Acute Partial Hospitalization: day treatment program

45-Day Diagnostic Assessment Program

Residential Care Programs

Behavioral Health Rehabilitation Services: provides in-home services to families with children at risk for out-of-home placement

Intensive Outpatient, Outpatient

Foster Care Services (handles children from birth and up)

#### **KidsPeace Locations:**

824 North Graham Street, Allentown, PA 18109

#### Orchard Hills Campus:

5300 KidsPeace Drive, Orefield, PA 18069

#### Broadway Campus:

1650 Broadway, Bethlehem, PA 18105

Orefield, PA 18069                      Bethlehem, PA 18015

**To inquire about KidsPeace programs and services call:** 1-800-854-3123 or 610-799-8000. [www.kidspeace.org](http://www.kidspeace.org)    [www.teencentral.net](http://www.teencentral.net): web interactive counseling

### **THE MITCHELL CLINIC**

555 Harrison Street, Emmaus, PA 18049

610-965-6418

Mental health counseling, also for drug and alcohol issues, also runs groups that focus on various topics.

Accepts Gateway, Amerihealth Mercy, other insurances. (Sometimes a waiting list.)

### **PARENTS WITHOUT PARTNERS**

P. O. Box 302, Emmaus, PA 18049

610-398-3875

An international non-profit agency.

Services: Support, education, family, recreational and adult social activities for single, divorced, separated or widowed parents.

**COMMUNITY AGENCIES AND PROGRAMS (continued)**

– **PINEBROOK SERVICES FOR CHILDREN & YOUTH**

402 North Fulton Street, Allentown, PA 18102  
610-432-3919

Regular and specialized foster care, intensive treatment program. Support and counseling (by referral) for foster care children and their families. Offers diagnostic, respite, adoption and family preservation programs.

– **PROGRAM FOR WOMEN AND FAMILIES**

1030 Walnut Street, Allentown, PA 18102  
610-433-6556

Works mainly with women involved with criminal justice system and their families as well as others.

Services:

Provide a variety of parenting and parent support classes in both counties. Also provides job readiness training. Has some bilingual services. Runs Parents Anonymous, self-help groups that meet weekly in both Lehigh and Northampton County. One support group is in Spanish. Group is free and provides child care. Parent programs run for 12 weeks. Fee is based on income but is only \$5 or \$10.

– **PROJECT CHILD**

531 Main Street, Bethlehem, PA 18018  
610-954-9561 x40  
E-mail: [projectchildlv@aol.com](mailto:projectchildlv@aol.com)  
Website: [www.projectchildlv.org](http://www.projectchildlv.org)

Project Child is the child abuse prevention coalition in the Lehigh Valley. It provides public education, professional development, parent support, legislative advocacy and specialized programs in order to prevent child abuse and neglect. Project Child is a program of Valley Youth House. Also runs 8 week parent education classes at a cost of \$40. Can join the 8 week cycle at any time. Call Project Child at 610-954-9561 x37 to register. Parents can call the **Parent Line at 610-691-1200** for free, confidential information, referral and supportive listening.

– **ST. LUKE'S BEHAVIORAL HEALTH CENTER**

1107 Eaton Avenue, Bethlehem, PA 18018  
610-954-3012

Outpatient counseling

Takes MA and other insurance

Counseling for mental health issues. Individual, group and partial program.

## **COMMUNITY AGENCIES AND PROGRAMS (continued)**

### **TURNING POINT OF THE LEHIGH VALLEY**

Mailing Address:  
P. O. Box 5355, Bethlehem, PA 18015  
610-867-6477  
**Hotline:** 610-437-3369

Emergency services to victims of family violence. Individual and group counseling for adult and child survivors. Court advocates for protection from abuse orders. Counseling -- individual and group. Short term emergency shelter for female victims of violence and their children. Men are referred elsewhere for shelter. Bilingual staff.

### **VALLEY YOUTH HOUSE**

Administration Offices, 829 Linden Street, Allentown, PA 18101  
610-820-0166  
**24-Hour Hotline:** 610-691-1200

Valley Youth House has offices in Allentown, Bethlehem and Easton. Counseling for families and youth, family preservation; independent living program for youths on their own (therapy, supervised residence); runaway and homeless youth shelter for ages 12 through 17; student assistance program (SAP) for mental health counseling through Northampton County school districts.

### **YOUTH ADVOCATE PROGRAMS**

(2 Offices)

#### Lehigh County

501 N. 17<sup>th</sup> Street, Suite 207, Allentown, PA 18104  
610-821-4877

#### Northampton County:

65 East Elizabeth Avenue, Suite 1010, Bethlehem, PA 18018  
610-865-9111

Provides services to keep youth out of the police and court system, individual case management, counseling and relationships with caring adults for at-risk children and youth. Requirements: You must be referred by Children and Youth or the County Probation Office or Mental Health.

## **CONSUMER INFORMATION**

### **BUREAU OF CONSUMER PROTECTION**

801 Hamilton Street, 4<sup>th</sup> Floor, Allentown, PA 18101  
610-821-6690

Will assist with complaints of poor quality services or products.  
Has bilingual staff (Spanish-English).

**CONSUMER INFORMATION (continued)**

– **PENN STATE COOPERATIVE EXTENSION**

Lehigh County Extension Office

4184 Dorney Park Road, Allentown, PA 18104

610-391-9840

Northampton County Extension Office

Grey Stone Building, Gracedale Building, Nazareth, PA 18064

610-746-1970 (Some bilingual staff)

Services provided: Information about nutrition and food safety, budgeting, stress management and parenting. A bilingual newsletter is also available. Information and programs on horticulture, agriculture, farm management and 4H.

## **DIVORCE**

– **DIVORCE CARE**

Bethany United Methodist Church

1208 Brookside Road, Allentown, PA 18106

610-395-3613

Thursdays, 6:45-8:45 P.M.

Faith Evangelical Free Church

6528 Hamilton Boulevard, Trexlertown, PA 18078

610-395-4731

Mondays, 7:00-8:30 pm

Website: [www.divorcecare.com](http://www.divorcecare.com)

Divorce Care offers a 13 week video seminar, which covers topics essential to recovery from the hurt of separation or a divorce. A Divorce Care for kids program runs while the parents are participating in their program.

– **SEPARATION AND DIVORCE RECOVERY WORKSHOP**

First Presbyterian Church

2344 Center Street, Bethlehem, PA 18017

For over 20 years this 12 week series has been offered on Wednesday evenings. Those in attendance include men and women, the separated, recently or long-divorced, all ages, all faiths, all walks of life.

Topics include: Anger, losses and gains, the church and divorce, living with loneliness/depression, building a new life, money matters, the legal side of divorce, relationships/intimacy/trust, guilt and forgiveness, focus on children.

Fall sessions begin the first Wednesday in October; Spring sessions begin the first Wednesday in April. Cost is \$45.

Contact Kathie for more information at 610-317-6162 x 228.

## **EMPLOYMENT**

— **CAREER LINK**

Allentown (Main Office), 1601 Union Boulevard, Allentown, PA 18109  
610-439-1123, | 610-437-5627

Job Services: Job listings, help in finding employment through an internet-based system. To apply for unemployment, phone first. GED classes on site. Job seeker workshops, civil service test site. Apply for training money for those laid off or unemployed.

— **COUNCIL OF SPANISH SPEAKING ORGANIZATIONS (Spanish Council)**

520 East Fourth Street, Bethlehem, PA 18015  
610-691-5448 (Bilingual services in Spanish and English)

Assistance with seeking employment, information about immigration, legal aid, free HIV testing.

— **HISPANIC AMERICAN ORGANIZATION, INC.**

462 Walnut Street, Allentown, PA 18102  
610-435-5334 (Bilingual services in Spanish and English)

Helps people find employment through a temp agency. Offers GED classes, ESL classes, computer classes. Assists in getting birth certificates. Provides rental assistance for those who are at risk of being evicted or are homeless.

— **OFFICE OF VOCATIONAL REHABILITATION**

45 North Fourth Street, Allentown, PA 18102  
610-821-6441

Serves the Lehigh Valley. A free state of Pennsylvania service for physically or mentally disabled workers who need to re-train for or find new jobs. Call to find out your eligibility; Spanish speaking staff available.

— **PENNSYLVANIA HUMAN RELATIONS COMMISSION**

Harrisburg Regional Office  
717-787-9780

Deals with employer/employee disputes, discrimination, etc. (Also race, housing, age, gender discrimination.)

## **FINANCIAL / MATERIAL ASSISTANCE**

— **AMERICAN RED CROSS - LEHIGH VALLEY CHAPTER**

2200 Avenue A, Bethlehem, PA 18017  
610-865-4400

Disaster response, health and safety administration and classes, armed forces emergency communication for family members and Valley Wide help (telephone information line).

— **CATHOLIC CHARITIES**

530 Union Boulevard, Allentown, PA 18109  
610-435-1541

Offers one-time financial assistance with rent or mortgage for Lehigh County residents who meet eligibility criteria.

— **CONSUMER CREDIT COUNSELING SERVICE  
(A Division of MONEY MANAGEMENT INTERNATIONAL)**

3671 Crescent Court East, Whitehall, PA 18052  
610-821-4011  
Website: [www.moneymanagement.org](http://www.moneymanagement.org)

Free classes on mortgages, budget basics, retirement, cost-wise use of credit. Also, money management, credit counseling, mortgage assistance information. Spanish-speaking personnel available.

— **FAMILY ANSWERS** (formerly Family and Counseling Services of the Lehigh Valley)

411 Walnut Street, Allentown, PA 18102  
610-435-9651  
Fax: 610-435-9654

Offers a ways to work program, which can provide a loan for a car or car repairs. Also teaches household budgeting. For information and eligibility requirements call Dawn Washington at 484-223-2068

— **FAMILY SAVINGS ACCOUNT PROGRAM**

Run by the Community Action Committee of the Lehigh Valley, this program matches eligible family's savings (for example, for each \$10 you save, they will add \$10). If you saved \$2,000, they will match it with another \$2,000, up to a total of \$4,000 in savings plus match (over a 2 year period). You can use the money for home buying or repair, car purchase, business start-up, education or child care costs. Call 610-691-5620 or 1-866-847-4565.

**FINANCIAL / MATERIAL ASSISTANCE (continued)**

– **HISPANIC AMERICAN ORGANIZATION, INC.**

462 Walnut Street, Allentown, PA 18102  
610-435-5334 (Bilingual services in Spanish and English)

Helps people find employment through a temp agency. Offers GED classes, ESL classes, computer classes. Assists in getting birth certificates.  
Provides rental assistance for those who are at risk of being evicted or are homeless.

– **LEHIGH COUNTY ASSISTANCE OFFICE (DEPARTMENT OF PUBLIC WELFARE)**

101 South Seventh Street, Allentown, PA 18101  
610-821-6503 or 610-821-6509  
Fax: 610-821-6705

Services: Medical assistance, food stamps, cash grants. Employment and training resources. For Energy Assistance, if received last year you automatically will be sent application.

Hours: 7:30 a.m. - 5:00 p.m. Spanish spoken

Website: [www.compass.state.pa.us](http://www.compass.state.pa.us) to determine eligibility for programs and to apply.

– **LEHIGH COUNTY CONFERENCE OF CHURCHES**

534 Chew Street, Allentown, PA 18102  
610-433-6421

An association of over 150 local churches, the conference has several social service programs. A recent grant funds Homeless Housing Services (HHS) for adults with a mental health or other disability. The Pathways Program is an emergency service clearing-house for people with housing, food, job and other needs. They also sponsor the Linkage Program whose street casework connects homeless people with services. The Conference assists with medical prescriptions for people without resources to fill them. The Conference also has a "Representative Payee" program to assist those on SSI (including children) who need help to manage their income and bills. Please call first and Spanish is spoken.

– **SALVATION ARMY - ALLENTOWN**

144 North Eighth Street, Allentown, PA 18102  
610-432-129 (Spanish spoken)

Assistance for medical (prescriptions), energy (gas bills).  
Emergency shelter at 344 North Seventh Street, Allentown

## **FINANCIAL / MATERIAL ASSISTANCE (continued)**

### **SOCIAL SECURITY OFFICE -- ALLENTOWN**

41 North Fourth Street, Allentown, PA 18102  
610-433-3237  
TTY: 800-325-0778  
Website: [www.ssa.gov](http://www.ssa.gov)  
Hours 9:00 a.m. to 4:00 p.m. Monday through Friday

Services Provided: Handling all inquiries concerning Social Security  
Toll free number for **all** social security offices information is **1-800-772-1213**.  
Operators on duty 7 a.m. - 7 p.m.

### **UNEMPLOYMENT COMPENSATION**

Website: [www.state.pa.us](http://www.state.pa.us) (keyword: unemployment)

#### Allentown Office:

1601 Union Boulevard, Allentown, PA  
610-821-6735

#### Bethlehem Office:

2 Bethlehem Plaza (Broad and New Streets), Bethlehem, PA  
610-861-2035

#### Easton Office:

220 Ferry Street, Easton, PA  
610-250-1708 In English and Spanish

This is recorded information about applying for unemployment. You can (eventually) speak to a person. Hours are 7 a.m. to 4:45 p.m. Monday to Friday. You can still submit a UC appeal in person at the Career Link offices:

### **WELFARE HELPLINE**

1-800-692-7462

Information regarding financial assistance, medical assistance, food stamps and energy assistance (run by state of PA).

## **FOOD BANKS AND FOOD RELATED ASSISTANCE**

For information on the nearest food bank to you, and on food stamps or other available food resources, call Second Harvest at 610-434-0875 between 7 a.m. and 4 p.m.

### **ANGEL FOOD MINISTRIES**

Website: [www.angelfoodministries.com](http://www.angelfoodministries.com)

#### Local host sites:

Calvary Temple  
3436 Winchester Road, Allentown, PA 18104  
610-398-3101

Life Church  
1401 East Cedar Street, Allentown, PA 18109  
610-434-3117 Extension19

Emmaus Moravian Church,  
146 Main Street, Emmaus, PA  
610-965-6067

Bethany United Methodist Church  
1208 Brookside Road  
Wescosville, PA 18106  
610-395-3613

This program partners with community organizations and churches to distribute food to anyone who signs up. There are no financial guidelines to participate. For \$30.00 you can receive a box of food containing fresh and frozen items worth about \$60.00. There are additional specialty boxes that can be ordered as well. Food stamps are accepted.

There is a monthly menu of items available. Contact local sites or go to website to find out order and pick up dates. You must bring a large box to pick up your food. Please call each location for details.

### **BETHEL BIBLE FELLOWSHIP CHURCH**

418 Elm Street, Emmaus, PA 18049  
610-965-2682

Hours: Tuesday and Wednesday 10 a.m. - 2 p.m.  
Will take emergencies on any day. Should call ahead for an appointment for the Tuesday - Wednesday times

### **CHURCH OF GOD'S LOVE AND FAITH MINISTRY**

1234 Brookside Road, Wescosville, PA 18106  
610-398-9110

Hours: Every other Saturday from 10 A.M. to noon. Please call for more details.

**FOOD BANKS AND FOOD RELATED ASSISTANCE (continued)**

– **FAITH EVANGELICAL FREE CHURCH**  
6528 Hamilton Boulevard, Allentown, PA 18106  
610-395-4731

Hours: Every Thursday evening 6 - 7:30 p.m. except holidays and the fifth Thursday of the month.  
Can come once per month. Need to bring ID. Must meet financial guidelines.

– **FOOD STAMPS**  
**LEHIGH COUNTY ASSISTANCE OFFICE (DEPARTMENT OF PUBLIC WELFARE)**  
101 South Seventh Street, Allentown, PA 18101  
610-821-6503  
610-821-6509  
610-821-6705 (fax)  
Website: [www.compass.state.pa.us](http://www.compass.state.pa.us)

Hours: 7:30 a.m. - 5:00 p.m. (Spanish spoken)

Food stamps can provide you and your family with the extra help you may need if you meet the financial criteria. If you qualify you will receive a card that works like a debit card; therefore, you can purchase food at the grocery store.

For help filling out the application call 1-866-203-3323  
You can also go to [www.compass.state.pa.us](http://www.compass.state.pa.us) to determine eligibility and to apply.

– **SALVATION ARMY - ALLENTOWN**  
144 North Eighth Street, Allentown, PA 18102  
610-432-0129

Food bank: Monday, Tuesday, Thursday and Friday 9:00 a.m. to 11:45 a.m. and 1 p.m. - 4 p.m.; Wednesday 9 a.m. to 11:45 a.m. Bring social security cards and photo IDs for each person in household as well as proof of income. Spanish speaking staff available.

– **SECOND HARVEST OF THE LEHIGH VALLEY and NORTHEAST PENNSYLVANIA**  
(A Program of The Community Action Committee of the Lehigh Valley, Inc.)  
*Call here to get info on area food banks.*  
2045 Harvest Way, Allentown, PA 18104-6793  
610-434-0875

Referrals for food assistance to member emergency food pantries and soup kitchens throughout the greater Lehigh Valley. Information on food stamps and WIC program.

## **FOOD BANKS AND FOOD RELATED ASSISTANCE (continued)**

### **ST. PAUL'S LUTHERAN CHURCH**

Eighth and Walnut Streets, Allentown, PA 18102  
610-435-9065

Soup Kitchen -- Tuesday, Wednesday and Thursday, Lunch (noon - 1 p.m.) Enter on left of church building off 8<sup>th</sup> Street. All are welcome. Sundays and holidays:  
Breakfast/hot meal 8:00 a.m. - 9:30 a.m.

### **WIC -- WOMEN, INFANTS AND CHILDREN PROGRAM**

WIC Services: Provides food, juice and formula to eligible families; supplemental food coupons can be used through designated stores. Call for an appointment:

Lehigh Valley WIC Clinic  
824 Hamilton Street, Allentown, PA 18101  
610-432-3455

Or call 1-800-942-9467 to determine eligibility by phone.

## **HEALTH RESOURCES**

### **ALLENTOWN WOMEN'S CENTER**

1409 Union Boulevard (rear entrance), Allentown, PA 18109  
610-770-9077 or 1-877-342-5292  
Website: [www.allentownwomenscenter.com](http://www.allentownwomenscenter.com)

Gynecological and abortion services (including emergency "morning after" pill); call for appointment. Mon.-Thurs., 9 a.m. - 5 p.m., Friday 8 a.m. 4 p.m. Sat. 9 a.m. - 2 p.m. Takes BC/BS for all services; reduced abortion cost for those on Medical Assistance and students. Accepts most insurances. (Also offers non-surgical abortion.)

### **AMERICAN HEART ASSOCIATION**

212 East Broad Street, Bethlehem, PA 18018  
610-867-0583  
Website: [www.americanheart.org](http://www.americanheart.org)

Early detection/prevention of cardiovascular illness. Free literature on heart disease and stroke. Speaker's bureau for meetings, free CPR training offered at times. Sponsors annual "Heart Walk" in the fall.

## **HEALTH RESOURCES (continued)**

- **AMERICAN LUNG ASSOCIATION OF PA**  
2121 City Line Road, Bethlehem, PA 18017  
610-867-4100  
Website: [www.alapa.org](http://www.alapa.org)

Support services for children and adults with lung diseases; Camp "ACE" summer camp for children with asthma ages 6-11; camp scholarship aid available. Also sponsors annual asthma walk and dance.

- **CARING PLACE FAMILY HEALTH PROGRAM, THE - open to the uninsured**  
931 Hamilton Street, Allentown, PA 18102  
610-433-4680

This program works in conjunction with Lehigh Valley Hospital to provide medical services to children and adults. Medical care is provided for individuals without insurance.

- **CARE-NET PREGNANCY CENTERS OF THE LEHIGH VALLEY**  
(formerly Crisis Pregnancy Center)  
1034 Hamilton Street, Allentown, PA 18101  
610-821-4000

Services: Free pregnancy testing, counseling, parenting, budget counseling, referrals for other needs, baby items. Does not refer for abortion. One hour appointments.

- **COUNCIL OF SPANISH SPEAKING ORGANIZATIONS (SPANISH COUNCIL)**  
520 East Fourth Street, Bethlehem, PA 18015  
610-691-5448

Free HIV testing, health screenings.

- **LEHIGH COUNTY STATE HEALTH CENTER**  
3730 Lehigh Street, Suite 206, Whitehall, PA 18052  
610-821-6770  
610-821-6564 (fax)

Immunization only. For non-insured children. A \$5.00 donation will be requested but can be waived. Clinic hours: Immunizations once a month 9:00 a.m. to 11:30 a.m.  
BY APPOINTMENT ONLY

Talk to Diane to set up free Doctor appointments for uninsured.

- **LEHIGH VALLEY HOSPITAL HEALTH HOTLINE**  
610-402-2273 ("CARE") Monday through Friday 8:00 a.m. to 4:30 p.m.

Find out about health/pregnancy, other classes, support groups, doctor referrals, and second opinions. For both Lehigh Valley and Muhlenberg Hospitals.

## **HEALTH RESOURCES (continued)**

- **LEHIGH VALLEY HOSPITAL - SERVICES FOR ADULTS WITHOUT INSURANCE**  
17<sup>TH</sup> and Chew Street, Suite 101, Allentown, PA  
610-969-4370

A clinic that will provide health services for adults.  
Also, contact the hospital financial assessment department at 610-969-2394. They will work with you to determine whether you are eligible for free medical services or a sliding fee scale.

- **MARCH OF DIMES FOUNDATION**  
1031 West Linden Street, Suite 104, Allentown, PA 18102  
610-439-7420

March of Dimes is a non-profit foundation dedicated to “improve the health of babies by preventing birth defects and infant mortality.” They raise funds and provide educational materials on topics like diet in pregnancy (“Eating for Two”), vaccinations, smoking and pregnancy, and newborn care.

- **PLANNED PARENTHOOD OF NORTHEAST PA**  
29 North Ninth Street, Allentown, PA 18102  
610-439-1033  
Website: [www.plannedparenthood.org](http://www.plannedparenthood.org)

This clinic provides contraceptives and reproductive health services, counseling, walk-in pregnancy testing and morning after pill, male and female sexually transmitted disease testing, premenopausal and menopausal exam, test and treatment.  
Cost: MA accepted, sliding fee scale, other insurance. Call first for hours.

## **HEALTH RESOURCES - Health Insurance Plans**

- **ADULT BASIC HEALTH INSURANCE**  
1-800-462-2742 (adult basic help line)  
1-800-414-9025 (Unison) or 1-800-464-5437 (Blue Cross/Blue Shield) or 1-800-GO-BASIC

Adults ages 19-64 who are uninsured, but whose income is too high for Medical Assistance, may be eligible for AdultBasic. This is a health plan funded by the State of Pennsylvania that costs \$30/mo. (\$360/year) for individual preventive, doctor, hospital, lab tests and emergency medical care. It is run just like a regular health insurance plan. There are limited funds for this program so there is a waiting list for new applicants. Note: If you are eligible and on waiting list for AdultBasic, you can purchase health insurance for \$290/month, until you go on it (then it will be \$30/month).

## **HEALTH RESOURCES (continued)**

### **CHILDREN'S HEALTH INSURANCE PROGRAM (CHIP)**

1-800-986-KIDS (5437)

If you are a working parent who needs health coverage for your children, but you make too much for Medical Assistance to cover them, apply for CHIP! This is a health insurance plan that now covers all uninsured children. Call or go to [www.compass.state.pa.us](http://www.compass.state.pa.us) to apply.

### **MEDICAL ASSISTANCE**

The Medical Assistance Program (Access) is now a managed care system called "Health Choices." To apply for Medical Assistance (ACCESS) for yourself and/or your family, you can visit or call the County Assistance Office (Welfare Office). For Lehigh County residents, call 610-821-6503. Or go to [www.compass.state.pa.us](http://www.compass.state.pa.us) to apply.

## **HEALTH RESOURCES – Medical Providers**

### **MEDICAL ASSISTANCE (Amerihealth Mercy, Gateway or Unison)**

Call the number on your card for current information about doctors, dentists, ophthalmologists, etc. in your area. Covered by your insurance.

## **HEALTH RESOURCES – Dental Providers**

### **ALLENTOWN HEALTH BUREAU**

Alliance Hall, 245 North Sixth Street, Allentown, PA 18102  
610-437-7754

For children 3-18 years old - Valley Wide Smile

For children without dental coverage will refer to local dentists who will provide services at a reduced cost.

How quickly a child is seen depends on the urgency of the situation.

### **LEHIGH VALLEY HOSPITAL DENTAL CLINIC**

Seventeenth and Chew St. Allentown, PA 18102  
610-969-2245

Services for individuals on medical assistance. For those who are uninsured a financial assessment is done to determine sliding scale fee. They do not treat children under 4 years old. Will provide emergency services.

**HEALTH RESOURCES (continued)**

**HEALTH RESOURCES – Optometrist (Eye Doctor):**

– **ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED**

614 North 13<sup>th</sup> Street, Allentown, PA 18102  
610-433-6018

Utilize local optometrists and ophthalmologists to do evaluation for individuals who qualify. Federal poverty guidelines are used to determine eligibility. Can also assist with obtaining glasses if income eligible.

Call for an application.

**HEALTH RESOURCES – Prescription Assistance:**

– **LEHIGH COUNTY CONFERENCE OF CHURCHES**

534 Chew Street, Allentown, PA 18102  
610-433-6421

Helps in emergency/crisis situation with a medical prescription cost. Call first.

– **LEHIGH COUNTY PRESCRIPTION DISCOUNT CARD**

Pick up a card at Lehigh County Government Center, 17 S. 7<sup>th</sup> St., Allentown, or locally at 21 Locust Street, Macungie Borough. Most drugstores accept the card -- it covers what insurance doesn't cover.

Call the government Center for more details at 610-782-3200.

– **PARTNERSHIP FOR PRESCRIPTION ASSISTANCE - PA**

Connects qualified low-income people with discount or free prescription drugs, direct from the medicine manufacturer.

Go on line at [www.pparxpa.org](http://www.pparxpa.org) or call 1-888-477-2669.

– **PRESCRIPTION WEB SITES:**

These sites are sponsored by hospitals, consumer groups, drug makers and others, in order to connect patients with individual assistance programs.

[www.needymeds.org](http://www.needymeds.org)

[www.patientassistance.com](http://www.patientassistance.com)

[www.patientadvocate.org](http://www.patientadvocate.org)

– **SALVATION ARMY - ALLENTOWN**

144 North Eighth Street, Allentown, PA 18101  
610-432-0129

Offers one-time assistance per year per person. It must be a life sustaining medication that is needed. They do not provide assistance for any narcotics or controlled substances.

## **HOUSING - Emergency and Transitional Shelters**

– **ALLENTOWN RESCUE MISSION**

355 Hamilton Street, Allentown, PA 18101

610-740-5500

Website: [www.allentownrescuemission.org](http://www.allentownrescuemission.org)

Provides housing for males in crisis, homeless. Bilingual staff person (Spanish-English) available at times.

– **BEALL AND LINNY FOWLER HOSPITALITY HOUSE OF THE SALVATION ARMY, THE**

344 North Seventh Street, Allentown, PA 18102

610-432-0128

Emergency shelter for women and children. (Bilingual staff available Spanish-English). Also transitional housing longer term.

– **NEW BETHANY MINISTRIES**

337 Wyandotte Street, Bethlehem, PA 18015

610-691-5602

Website: [www.newbethanyministries.org](http://www.newbethanyministries.org)

Offers short-term transitional housing and supportive services for homeless families in individual rooms for up to six months. Come in to apply; there is a waiting list. Also runs the Mollard Hospitality Center, offering hot showers, breakfast and lunch, employment assistance and counseling, also use of phone and mailing address. Hours: 8:00 a.m. to 4:00 p.m. Monday through Friday.

– **SIXTH STREET SHELTER**

219 North Sixth Street, Allentown, PA 18102

610-435-1490

Housing for families in separate apartments for up to two months; can get referrals from Pathways Program, Salvation Army, Children and Youth, HAO, Turning Point, Head Start and others. Bilingual staff available. There is a waiting list

– **TURNER STREET APARTMENTS**

(A program run by Sixth Street Shelter)

219 North Sixth Street, Allentown, PA 18102

610-435-1490

Transitional housing for families who need assistance while they are bettering themselves by participating in an educational or training program. One-third of income goes to rent. May stay up to 2 years; 11 units. Call for information. Waiting list due to the length of time families can stay.

***HOUSING – EMERGENCY AND TRANSITIONAL SHELTERS (continued)***

– **TURNING POINT OF THE LEHIGH VALLEY**

P. O. Box 1705, Allentown, PA 18105

**24-Hour Hotline:** 610-437-3369

Has Spanish speaking staff.

Administrative Offices:

444 East Susquehanna Street, Allentown, PA 18103

610-797-0530

Temporary shelter for female victims of domestic abuse and their children. (Men referred out.) Also runs Starting Point: transitional apartments for domestic abuse victims and their children.

– **VALLEY YOUTH HOUSE**

539 Eighth Avenue, Bethlehem, PA 18018

610-691-1200

Valley Youth House is for runaways and homeless youths. It provides shelter for teens and youth, 12 to 17. Also, it offers transitional housing for youth.

**Valley Youth House - Supportive Housing Program**

610-317-0721, Extension 304

Valley Youth House is a federally funded program that houses youth in their own apartments throughout the Lehigh Valley. The goal is to help young adults obtain and remain in permanent housing, increase their skills/income, and achieve greater self-determination.

Eligibility:

- Youth between the ages of 18 to 21
- Homeless or near homeless
- Not involved in using alcohol or drugs
- Not a danger to themselves
- Voluntary entrance into program
- Highly motivated

## **HOUSING – Home Buying Programs**

– **ALLIANCE FOR BUILDING COMMUNITIES (ABC)**

830 Hamilton Street, Allentown, PA 18101  
610-439-7007 Extension 24  
Fax: 610-439-7888  
[www.allianceforbuildingcommunities.org](http://www.allianceforbuildingcommunities.org)

A home buying program for lower income people and families. ABC assists them to become homeowners by providing fully rehabilitated homes at affordable prices. They counsel and walk you through the home buying process. ABC also offers rental housing. Has Spanish speaking staff.

– **COMMUNITY ACTION COMMITTEE OF THE LEHIGH VALLEY, INC. (CACLV)**

1337 East Fifth Street (Forte Building), Bethlehem, PA 18015  
610-691-5620

Runs free first-time home-buying classes three Saturdays and counseling programs on completion of program, can assist with home-buying cost. Publishes Right Stuff About Renting (a free booklet) and answers questions on renter's issues. Call 610-691-5620, ext. 2038 to obtain this booklet.

– **RURAL DEVELOPMENT**

2211 Mack Boulevard, Allentown, PA 18103  
610-791-9810 (Press "4" for this program)

This is a U.S. Department of Agriculture program with income limits. Helps with loans for purchase of a home in the Lehigh Valley rural areas and also not so rural areas -- call for information. Seminar to help understand the buying of homes with this program. For singles and families.

## **HOUSING – Rental Assistance**

– **CATHOLIC CHARITIES**

530 Union Boulevard, Allentown, PA 18109  
610-435-1541

Hours 8:30 a.m. to 4:30 p.m. Monday through Friday or by appointment. Rent assistance and budget counseling.

– **HISPANIC AMERICAN ORGANIZATION, INC.**

462 Walnut Street, Allentown, PA 18102  
610-435-5334

Rental assistance to those eligible (when funds are available).

***HOUSING – HOME BUYING (continued)***

– **LEHIGH COUNTY HOUSING AUTHORITY / VALLEY HOUSING DEVELOPMENT CORPORATION**

333 Ridge Street, Emmaus, PA 18049  
610-433-2312

Subsidized housing for those who meet low-income guidelines. Call for an application.

– **PATHWAYS PROGRAM / LEHIGH COUNTY CONFERENCE OF CHURCHES**

534 Chew Street, Allentown, PA 18102  
610-433-6421

Phone counseling and walk-in emergency services is available to those in need of food, housing or clothing. Trained counselors are available 9:30 a.m. to 12 noon Monday through Friday. By appointment only in the afternoon. Provide housing case management for homeless or about-to-be-homeless families. Rental assistance funds are available for eligible families. For Lehigh County residents only. Bilingual staff available.

## **LEGAL SERVICES**

– **LAWYER REFERRAL SERVICE**

610-433-7094

The Lehigh County Bar Association offers a half hour consultation for \$25.00. This can be a phone or a face to face appointment. Call the lawyer referral coordinator, Brandy Rinker at 610-433-7094. With this service there are no financial eligibility criteria to participate in this program.

– **NORTH PENN LEGAL - SERVICES LEHIGH VALLEY OFFICE**

65 East Elizabeth Avenue, Suite 800, Bethlehem, PA 18018  
610-317-8757

Free Legal services for low-income families. Open 9:00 a.m. to 5:00 p.m. Monday through Friday. Call to schedule appointment. Unemployment compensation issues, social security issues, some custody, foreclosures, representation for PFA hearing, custody workshops offered every month. Assistance in evictions and bankruptcy. Problems with welfare rules? If you think you were denied benefits without good cause--call them. Bilingual staff available.

## **SERVICES FOR THE DISABLED**

### **THE ARC OF LEHIGH AND NORTHAMPTON COUNTIES**

2289 Avenue A, Bethlehem, PA 18017  
(in the Lehigh Valley Industrial Park #1 across from the LV Airport)  
610-849-8076  
Fax: 610-849-6202

ARC is a non-profit agency dedicated to helping Lehigh Valley children and adults with mental retardation to become active, vocal, skilled members of the community. Programs include: adult training, including pre-vocational skills. Their Family Resource Center has library materials to check out on a range of disability topics. ARC also has a youth and adult advocate to help with school, transportation and other issues.

### **ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED**

Lehigh County:  
614 North 13<sup>th</sup> Street, Allentown, PA 18102-9947  
610-433-6018

Social services: Transportation, counseling, care, glasses and eye care help for people who are not able to pay. Job readiness services. Rehabilitation, orientation and mobility instruction.

Requirements: Lehigh County residents  
Hours: Monday through Friday 8:30 a.m. to 4:30 p.m.

### **AUTISM RESOURCE COMMUNITY HUB OF LEHIGH VALLEY**

1347 Hausman Road, Allentown, PA  
610-573-2500  
Website: [www.elwyn.org/BHS](http://www.elwyn.org/BHS) (click on ARCH of Lehigh Valley)

This facility offers health services from diagnosis to therapy, for individuals with autism, and their families. Also, it is an information resource center and will provide a summer camp program as well.

### **BUREAU OF BLINDNESS AND VISUAL SERVICES - OFFICE OF VOCATIONAL REHABILITATION**

300 "G" Laird Street, Wilkes Barre, PA 18702  
1-570-826-2361  
1-570-826-2538 (fax)

Services provided: vocational rehabilitation, employment services to all ages. Specialized services: social workers, independence/self sufficiency services (will refer for own area). Covers 15 counties.

## **SERVICES FOR THE DISABLED (continued)**

### **CAMELOT HOUSE**

2354 West Emmaus Avenue, Allentown, PA 18103

610-791-5683

Website: [www.camelotforchildren.org](http://www.camelotforchildren.org)

Camelot House provides a gathering place for children who are disabled, or seriously, chronically, or terminally ill. They also provide support and information for families. There are on-going social events, summer camp programs, and support groups. Please contact them for more details regarding how to register.

### **CARBON LEHIGH INTERMEDIATE UNIT #21**

4210 Independence Drive, Schnecksville, PA 18078

610-799-4111

Fax: 610-769-1287

Preschool (ages 3 to 5) early intervention, education and evaluations, therapy. Speech therapy and behavior management. Also provides programs to meet special education needs of public school students (for example: support programs for deaf, hearing impaired, blind and speech and language support).

### **CENTER FOR INDEPENDENT LIVING**

Allentown, PA 18101

610-770-9781

Helps individuals with disabilities to find housing; helps qualify people for Section 8 housing. Assists individuals to make home handicapped-accessible (known as Access Lehigh Valley). Provides sign language interpreter services. Call for information. Helps connect people to sports and recreation opportunities open to those with disabilities. Offers sign language interpreter and sign language classes. Advocate available for those with disability related issues, consumer needs.

### **EARLY INTERVENTION (0 – 3 YEARS)**

Lehigh County: 610-782-3125

New referrals: 610-782-3200

All referrals go to the County Early Intervention program. Serves children from 0 to 3 years of age with developmental delays (medical/physical/cognitive).

### **EASTER SEALS OF EASTERN PA**

1503 N. Cedar Crest Boulevard, Suite 317, Allentown, PA 18104

610-289-0114

Services to physically and developmentally delayed children. Services include occupational therapy, physical therapy, speech therapy and hearing therapy.

**SERVICES FOR THE DISABLED (continued)**

– **EDUCATION LAW CENTER**

1315 Walnut Street, Suite 400, Philadelphia, PA 19107  
215-238-6970  
Website: [www.elc-pa.org](http://www.elc-pa.org)

Focuses on the rights of children in the public school system and Early Intervention Services; offers bilingual services; Spanish speaking staff.

– **GOOD SHEPHERD REHABILITATION NETWORK**

601 St. John Street, Allentown, PA 18103  
610-776-3270 / 610-776-3199

A variety of medical evaluations and therapy services for those with physical or mental disability. Need to be referred by a doctor/agency.

– **MERCY SPECIAL LEARNING CENTER**

830 South Woodward Street, Allentown, PA 18103  
610-797-8242

Accredited day school for mentally handicapped individuals age infant to 21. Now also state licensed for over 21 year old program services.

– **PARENT TO PARENT OF PENNSYLVANIA, SPECIAL KIDS NETWORK AND RECREATION AND LEISURE LINE**

1-800-986-4550

Linking Families and Friends of Children and Adults with Special Needs Information and referral services for child's mental or physical needs. Support groups, parent support groups, insurance and funding. Information and recreation activities. Offers info on Camperships (camp scholarships). Makes arrangements for special equipment.

– **VIA (formerly United Cerebral Palsy of the Lehigh Valley and LARC)**

336 West Spruce Street, Bethlehem, PA 18018  
610-317-8000

Programs for children and adults with developmental or physical disabilities. For children: Provides early intervention services, ages birth - 3. Occupational, physical, speech therapy and special instruction. Offers referrals for inclusive child care services. For adults: Job placement, group homes, self-help skills training. Supportive services for adults with developmental disabilities residing in nursing homes.

## **SUBSTANCE ABUSE SERVICES**

– **AL-ANON-ALATEEN**

610-778-2066

Provides an updated listing of support groups in the Lehigh Valley for relatives and friends of alcoholics.

– **LOCAL AL-ANON GROUP**

**Teens are welcome to join this group.**

7-9 p.m. Sundays

Nativity Lutheran

4004 W. Tilghman Street, Allentown, PA

Contact person: Eleanor at 610-782-9386

(There is no Alateen group in this geographical area.)

– **ALCOHOLICS ANONYMOUS SUPPORT GROUPS**

610-882-0558

Call for listing of support groups in the Lehigh Valley. They have a Spanish-speaking AA group.

– **COALITION FOR A SMOKE-FREE VALLEY**

610-402-2273

The Coalition for a Smoke-Free Valley is a broad-based community coalition dedicated to reducing tobacco use in the Lehigh Valley by promoting advocacy and providing education, training and support services. Has Spanish-speaking staff.

– **CONFRONT**

1130 Walnut Street, Allentown, PA 18102

610-433-0148

Treatment for drug and alcohol abuse. Offers a 10-week conflict resolution/anger management class for adolescents to adults. Prevention and intervention services. Counseling for children for sexual abuse. Drug and alcohol counseling for adolescents/adults. Private insurance is not accepted. Medical assistance is accepted.

## ***SUSTANCE ABUSE SERVICES (continued)***

### **COUNCIL ON ALCOHOL AND DRUG ABUSE (CADA)**

#### Allentown Office:

1031 West Linden Street, Suite 202, Allentown, PA 18102  
610-437-0801

#### Bethlehem Office:

502 East Fourth Street, Bethlehem, PA 18104  
610-814-3108

Outpatient services, individual and groups. Prevention services for chemically dependent persons and their families. Hours: Monday through Thursday 9:00 a.m. to 8:30 p.m., Friday 9:00 a.m. to 4:30 p.m. Takes MA and cash, also accepts county-funded individuals. Sliding fees for Lehigh and Northampton County residents. Also DUI services. Have Spanish-speaking staff.

### **LEHIGH VALLEY DRUG AND ALCOHOL INTAKE UNIT / ADOLESCENT CENTRAL INTAKE UNIT**

29 South Law Street, 3<sup>rd</sup> Floor, Allentown, PA 18101  
610-432-2228

The adolescent unit provides behavioral health assessments to evaluate the risk level and determine the needs of the student and facilitate an appropriate referral. The Intake Unit also serves as the liaison to the Student Assistance Teams. Assessments can take place in school or at the Intake office.

The adult unit functions as the gateway to treatment for all alcohol or drug troubled residents of Lehigh County. Appointments for assessments and referrals to treatment are obtainable by phone or walk-in.

## **TRANSPORTATION**

### **LANTA-METRO**

Website: [www.lantabus.com](http://www.lantabus.com)

#### Route Information

1201 West Cumberland Street  
Allentown, PA 18103  
610-776-7433 or 435-3646

#### Route Information

3610 Nicholas Street  
Easton, PA 18042  
610-258-0479

Hours: Monday through Friday 9 a.m. to 5 p.m., Saturday 9 a.m. to 1 p.m.

## **TRANSPORTATION (continued)**

### **METRO PLUS**

1060 Lehigh Street, Allentown, PA 18103  
610-432-3200

Specialized transportation for individuals with physical, cognitive or mobility limitations prohibiting them from utilizing LANTA's fixed route bus service. Must complete an application first to determine eligibility. Call the Metro Plus phone number to obtain an application.

### **VAST (VALLEY ASSOCIATION FOR SPECIALIZED TRANSPORTATION)**

430 Allentown Drive, Allentown, PA 18109  
610-821-1061 (office) or 610-433-7334

Assists in providing transportation for elderly and disabled people. Private pay rate. You must register first with LANTA-METRO at 610-432-3200.

### **WAYS TO WORK PROGRAM (A Program through Family Answers)**

Call 484-223-2068

Provides loans to help families with used car purchases or car repairs. You must have a child, and be employed or be in school (post high school).

*Another car resource:* If you are on public assistance ("cash," TANF) or were on it and need a used car, or to repair your car for work, call your former TANF caseworker to ask about their car or car repair assistance.

## **UTILITIES**

### **LOW INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP)**

Lehigh County: 610-821-6702  
Northampton County: 610-250-1743

Assistance with oil, gas, electric heat bills; must meet guidelines, referrals to agencies, applications starting in October/November. (Phone answered October - April)

Note: If you received fuel assistance through this program last year, you will be mailed an application this year.

### **PENNSYLVANIA PUBLIC UTILITY COMMISSION**

1-800-692-7380

Investigate termination of utilities. Within 24 hours service may be turned back on. For telephone company complaints or concerns: 1-800-782-1110. For electric, gas or water bill problems? Call local company first, then if unresolved, call this agency.

**UTILITIES (continued)**

– **PPL CARES PROGRAM / PPL ON TRACK**

Lehigh and Northampton County: 1-800-342-5775

Monday through Friday 8:00 a.m. to 5:00 p.m. Will assist with electric bills during hardships. Income and living expenses are compared to determine eligibility for program.

– **PPL WRAP PROGRAM**

877-342-5972 or 1-800-342-5775 (and press 0) (ask for weatherization or WRAP program).

Weatherization assistance to lower your heat bills, for low-income customers.

– **SALVATION ARMY - ALLENTOWN**

144 North Eighth Street, Allentown, PA 18101  
610-432-0129

Assistance with gas bills (UGI). Has Spanish speaking staff.

– **TELEPHONE BILLS / INSTALLATION ASSISTANCE**

If you receive public assistance (TANF), food stamps, SSI or Medical Assistance, you may be eligible for help with your local phone bill. Call 1-800-771-3312 (helps with past due Verizon bills) or your local phone company.

– **UGI UTILITIES, INC.**

Website: [www.ugi.com](http://www.ugi.com)  
1-800-UGI-WARM (1-800-844-9276)

There are a variety of programs available to assist low income families. Go to website or call for more information.

– **VERIZON (formerly BELL of PA)**

Information: 1-800-734-0820 (English)  
1-800-479-0305 (Spanish)

Lifeline phone installation/service for low-income, call 1-800-640-4155