

East Penn School District
Secondary Curriculum

A Planned Course Statement
for

Skills for Living

Course # 802

Grade(s) 9, 10

Department: Family & Consumer Science

Length of Period (mins.) 40

Total Clock Hours: 60

Periods per Cycle: 6

Length of Course (yrs.) 0.5

Type of Offering: required elective

Credit: 0.5

Adopted: _____

Developed by:

Martha Teed

Description of Course

Course Title:

Skills for Living - # 802

Description:

This course is a survey course intended to develop the ability to manage the eventual need for a balance among family, work, and other activities. This includes changing needs in the family, child development, and parenting skills, and understanding and applying nutritional information to the family life span. Time management and decision-making skills will be used to complete selected projects.

Goals:

- To become a responsible adult and family member who can balance family, work, and a comfortable home environment.

Requirements:

Students must participate in all classroom activities including foods labs, preschool activities, and assigned long-term projects, and complete required quizzes, worksheets, and tests.

Text:

Parnell, Frances Baynor, Skills for Personal and Family Living, Goodheart-Wilcox , 2004

Duyff, Roberta Larson, Nutrition and Wellness, Glencoe/McGraw Hill, 2004

Key to Levels of Achievement (Listed with each learning objective)

Awareness (A):	Students are introduced to concepts, forms, and patterns.
Learning (L):	Students are involved in a sequence of steps and practice activities which involved further development and allow evaluation of process.
Understanding (U):	Students demonstrate ability to apply acquired concepts and skills to individual assignments and projects on an independent level.
Reinforcement (R):	Students maintain and broaden understanding of concepts and skills to accomplish tasks at a greater level of sophistication.

Unit	Num	Objective	Level	Content	Evaluation	Standard
Housing	1	Students will understand the role housing plays in our lives.	L	<ul style="list-style-type: none"> Explore the different types of housing available 	<ul style="list-style-type: none"> Class discussion Worksheet 	11.1.12 C
	2	Students will learn the guidelines for decorating the inside of a home.	A	<ul style="list-style-type: none"> Overview of home decorating Learn about color schemes based on the color wheel Draw a room on graph paper Decorate a room Show changes to the room for a person with special needs 	<ul style="list-style-type: none"> Video Worksheets on color wheels Quiz Portion of project with rubric Additional project with rubric 	11.1.12 F 11.2.12 D
Child Development	3	Students will understand the preschool age child.	A	<ul style="list-style-type: none"> Review student’s childhood Learn about the developmental stages of children Learn about keeping children safe and healthy Understand the importance of reading to young children Compare various children’s books Understand the importance of the family on the child 	<ul style="list-style-type: none"> Worksheet/discussion Poster with rubric Video Group reports Practice selecting and reading Report on book Class discussion Unit quiz 	11.2.12 G 11.4.12 A 11.4.12 B 11.4.12 C 11.4.12 E 11.4.12 D
Preschool	4	Students will learn to set-up and run a preschool.	L	<ul style="list-style-type: none"> Understand how a preschool is set-up Operate a 2-hour preschool 	<ul style="list-style-type: none"> View our preschool Discuss various areas Rubric for preparing and running preschool 	11.1.12 G 11.2.12 C
Clothing	5	Students will learn the importance of clothing over the life span.	A	<ul style="list-style-type: none"> Understand the impact of clothing for a family 	<ul style="list-style-type: none"> List and discuss needs versus wants 	11.1.12 A 11.1.12 B 11.1.12 F
	6	Students will make a sewing project.	U	<ul style="list-style-type: none"> Learn how to use a sewing machine and a serger 	<ul style="list-style-type: none"> Rubric for project 	11.1.12 C
Foods	7	Students will evaluate the role of government agencies.	U	<ul style="list-style-type: none"> Explore the food pyramid Understand what each agency does to oversee food production and the safety of food 	<ul style="list-style-type: none"> Worksheet Quiz 	11.3.12 B 11.3.12 C
	8	Students will understand food handling and safety.	L	<ul style="list-style-type: none"> Learn the importance of shopping, storage, and preparation of food 	<ul style="list-style-type: none"> Worksheet 	11.1.12 A
	9	Students will review kitchen know-how.	R	<ul style="list-style-type: none"> Demonstrate proper measuring tools and techniques 	<ul style="list-style-type: none"> Quiz 	11.3.12 G
	10	Students will understand the importance of working in the kitchen.	U	<ul style="list-style-type: none"> Team work 	<ul style="list-style-type: none"> Lab rubric 	11.2.12 C
	11	Students will compare various	L	<ul style="list-style-type: none"> Importance of using convenience 	<ul style="list-style-type: none"> Worksheet 	11.1.12 F

Unit	Num	Objective	Level	Content	Evaluation	Standard
		foods.		foods versus scratch foods		
	12	Students will understand meal planning.	U	<ul style="list-style-type: none"> Review the importance of planning, preparing, and serving meals 	<ul style="list-style-type: none"> Lab rubrics Worksheets 	11.3.12 F