

You Are Cordially Invited To Attend The Spring 2010 Parenting Program at Emmaus High School

East Penn School District is committed to offering parents ongoing opportunities to refine their parenting skills. We are continuing our partnership with the *Center for Humanistic Change* by offering:

Life Skills for Healthy Parenting (for parents of middle and high school students)

What: Learn to:

- Communicate effectively
- Resolve conflicts without power struggles
- Set clear limits and appropriate consequences
- Promote positive behaviors and attitudes
- Handle stress

When: Six weeks - Thursday evenings, March 4th - April 15th
6:30 - 8:30 p.m.
(April 1st-no session due to Spring break)

Where: Emmaus High School
Room 506 (directly inside the main Macungie Avenue entrance)

**Are you tired of your
child's disrespectful language
and behavior?**

**Would you like to create
a more peaceful environ-
ment at home?**

**Do you sometimes
feel like giving up
as a parent?**

Sign up early -- space is limited.
Leave your name and phone number when registering.

To register, contact Joelle Hower, 610-966-8448 or
howerjoe@eastpennsd.org

