

# East Penn School District Summer Fitness Camp 2018

Join us for our 16th year!!!!

Lifelong physical activity is important and we want to give children the tools to be active on their own for a lifetime. The children will participate in low impact fitness activities and non-competitive games taught by certified physical education teachers from the East Penn School District.

Fitness camp is a three-week program available for students entering grades 1-6. The camp will be held **Tuesday, Wednesday, and Thursday from July 10 through July 26 at Willow Lane Elementary**. Parents/Guardians will have to provide their own transportation.

There will be ONE session:

Session 1– 9:00-11:00 a.m.

**Please join us in helping our children to start establishing exercise as part of their lives.**

**Justen Reiss, Program Coordinator/Instructor**

**Amy Wikert, Program Instructor**

**Please direct questions to:**

**eastpennsummerfitnessprogram@gmail.com**



If you are interested, please complete the registration form and instructions below.

Please be aware that attendance may be limited due to the number of instructors available and the capacity of the facility. **The lottery selection would be utilized if registration exceeds 60 students.**

If your child is selected to participate you will be contacted and required to fill out a Health Questionnaire, which must be returned on the first day of the program.

**In order for this program to operate with one session a minimum of 45 students must register. You will be emailed and all registration fees will be returned if the minimum participation numbers are not met.**

**There will be a \$65 non-refundable registration fee to participate in the program. Please make checks payable to East Penn School District with the memo Summer Fitness Program.**

Registration Form— Please complete information below and return to your child's office in an envelope labeled **SUMMER FITNESS PROGRAM** by May 11, 2018.

Student's Name \_\_\_\_\_ Parent's Name \_\_\_\_\_

Phone: Home/Cell \_\_\_\_\_

Email \_\_\_\_\_ (primary communication. **NO HARD COPIES THIS YEAR**)

Present School \_\_\_\_\_ Grade \_\_\_\_\_ Room Number \_\_\_\_\_ Age \_\_\_\_\_