

## **Question and Answer for COVID-19 – 14 day quarantine certain states mandate**

### **What is the start date for the 14 day sit-out of summer/workouts?**

If a player or coach returned on or before July 1st they can return without the 14 day sit-out...if they returned July 2nd or after they are not permitted to attend workouts for 14 days from their return date...July 2nd is that day this guideline/s was announced.

### **What if you have a player doing summer workouts with other non-school sponsored teams?**

We are not going to be able to manage and control club type of situations. It is to be discouraged.

### **What if you have a player who is going on summer vacation, planned months ago, and the 14 day sit-out runs into August mandatory practices?**

I am encouraging all coaching staffs to work with the players and their families, understand and learn about their situation. No one should have to see repercussions from missing tryouts, missing heat acclimatization, missing mandatory practice in August if they planned a vacation months ago. I also feel no family should have to lose their \$ put towards a vacation either. I would like all of you to work with families in this situation. If they planned a vacation recently, might be a different story.

### **How long with this 14 day sit-out requirement for travel to certain states last?**

Unknown

### **What if they drop the 14 day quarantine for travel to certain states?**

We would drop the sit-out period as well

### **Could this all change by August 10th or August 17th?**

Yes, it is constantly evolving

### **What if a player gets tested during the 14 days and comes back negative prior to the end of the 14 day quarantine? Do they wait until the completion of the 14 days or does the test clear them for activities?**

Guidance from LVHN - This is a state mandate and not something that leaves a gray area. As the mandate reads, the 14 day waiting period still applies because symptoms and illness can still show up until that 14 day window is passed.

### **What if a coach or player has a family member that arrived from one of the states listed in the mandate?**

The folks returning from those states are to quarantine for 14 days so they should not be in contact or exposed to the other family members...so athletes or coaches can attend workouts and continue to follow the return to sport health and safety plan.

### **What if an athlete or coach visits one of the listed states and practiced social distancing while there?**

As the mandate reads, the 14 day waiting period still applies