



COLLEGE-BOUND STUDENT-ATHLETE CHECKLIST

Start the process early and feel free to ask questions.....

FRESHMAN YEAR CHECKLIST

- Find your high school's list of NCAA-approved courses at NCAA.org/courselist (see below for QR code). If you have any questions after reviewing this list, please contact your school counselor.
- Start planning now; take the right courses and earn the best grades possible.

SOPHOMORE YEAR CHECKLIST

- Register with the NCAA Eligibility Center at eligibilitycenter.org.
- Make your list of colleges using Naviance ... Make list as large as you desire
- Involve your parents in your decision-making process.
- Write and/or email coaches; be sure to personalize each letter, as they will know if it is a form letter!
- Return questionnaires sent by college coaches ASAP. Delay indicates lack of interest.
- Send high school and summer league athletic schedules to college coaches.
- Check with your counselor to make sure you are on track to complete the required NCAA-approved courses. Use [this](#) Worksheet to check your credits. An NCAA Worksheet can also be found online at: http://fs.ncaa.org/Docs/eligibility_center/DI_and_DII_Worksheet.pdf;
- Be conscious of your high school grades, email your counselor to request a copy of your transcript in June.
- If you fall behind, ask your counselor for help with finding approved courses you can take. Communication is key!

JUNIOR YEAR CHECKLIST

- Continue to involve your parents in your decision-making process.
- Decide how close you want to be to your home.
- Decide on what level (Division I, II, III) you can compete in college. Ask your high school/summer league coaches for an evaluation of your ability. **BE HONEST WITH YOURSELF!**
- Continue correspondence by writing or emailing coaches.
- Return questionnaires sent by college coaches ASAP. Delay indicates lack of interest.
- Make a highlight video. Many college coaches will request a video of your athletic skills.
- Keep updating coaches with high school and summer league athletic schedules.
- Check with your counselor to make sure you are on track to complete the required NCAA-approved courses. Use [this](#) worksheet to check your credits. An NCAA Worksheet can also be found online at: http://fs.ncaa.org/Docs/eligibility_center/DI_and_DII_Worksheet.pdf;
- Be conscious of your grades, the level of courses you take, the correct number of courses.... are you on track to graduate?
- Register to take the SAT's (using collegeboard.org) and/or ACT's (using ACT.org) and submit your scores to the NCAA Eligibility Center.
- Decide on which colleges have your area of study or interest. Be aware of "college nights" in your area. EHS provides college visits opportunities as well as the annual College Fair to help you make informed choices.
- Start visiting colleges unofficially, watch the college play or practice.
- At the end of your junior year ask your counselor to send or upload your official transcript to the NCAA Eligibility Center. If you took classes at more than one high school or program, submit an official transcript for each school.



SENIOR YEAR CHECKLIST

- Follow up with the NCAA Eligibility Center.
- Complete your final NCAA core courses as you prepare for graduation.
- If you are unhappy with your score, register to retake your SAT's and ACT's.
- Start completing college applications and be sure to request transcripts in Naviance when you are ready.
- Be aware of deadlines!
- Let coaches know you have applied.
- Follow up your contact with college coaches.
- Narrow your choice of college to five or six.
- Decide on what colleges to visit (**remember - you may only make five official {paid} visits.** Do not make a decision unless you have visited the campus and met the coach.
- After you graduate, ask your counselor to send or upload your final official transcript with proof of graduation to the NCAA Eligibility Center
- Only students on an NCAA Division I or II school's certification request list will receive a certification.

Use the QR code below to visit the HS Portal and view NCAA approved coursework for EHS, using the code **391250**.

