



Report On the Progress Made In Attaining the Goals of the District Wellness Policy

After review of the individual building Wellness Policy Assessments, the Wellness Committee recommends the following goals to be implemented:

1. Introduction for kindergarten students to “Is your tray ok?” program
2. Re-education of nutrition programs to principals in light of leadership changes.
3. Promotion of PAC (Parent Advisory Council) participation
4. Educate staff on the Wellness Policy (via faculty meetings).
5. Promotion of *Farm to Table* initiative
6. High School – work in breaks in block scheduling for physical activity
7. Understanding of the 10 exemptions to the Smart Snacks rule for fundraising at the high school and middle schools.
8. Learning Lab – Nutrition, Inc.
9. Middle Schools – Presentation by Nutrition, Inc. during Health class (15-20 min).