









COMMMUNITY RESOURCE BOOKLET













East Penn Board of School Directors 12/2020

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The East Penn School District is an Equal Opportunity Education Institution and will not discriminate in its educational programs, activities or employment practices on the basis of race, colors, national origin, sex, age, religion, ancestry, handicap, union membership or other legally protected classification. Announcement of this policy is in accordance with state and federal laws, including Title VI, Title IX and Section 504.

For information regarding 1) civil rights, 2) grievance procedures, 3) services, activities and facilities that are accessible to and usable by handicapped persons, or 4) employee or participant complaints of harassment or discrimination, contact Mr. Drew Hinkel, Compliance Officer, 800 Pine Street, Emmaus, PA 18049. The Federal Drug-Free Workplace Act requires that your workplace be free of the illegal use of drugs and requires that we issue the following statement to you: No one is allowed to use, make, sell, distribute or have in their possession any illegal drugs. Any violation of the act will lead to severe disciplinary action which will normally include dismissal.

This resource directory was created from a variety of sources for the expressed purpose of providing the East Penn School District with community resource information. It is updated annually to reflect the most current services available. In no way, is this an endorsement of any particular program or agency, but rather this serves as a directory of supports available in our local community.

The District had permission to reproduce much of this information from Community Service for Children, Inc.'s Community Resource Book. It has since grown to include any resource that seems pertinent or helpful to the families in the district.

If you find inaccurate information as you use this directory or feel a valuable resource is absent, please contact East Penn School District's Home and School Visitor, at 610-965-1626, extension 33031 or internally at extension 33031; therefore, corrections can be made when the Directory is updated annually.

Karla Matamoros Home and School Visitor East Penn School District 610-965-1626, extension 33031

Hotlines and Emergency Numbers

Alcoholics & Narcotics Helpline

1-800-601-7202 Allentown – 610-435-4650

Crime Victims Council of the Lehigh Valley

610-437-6611

Lehigh County Crisis Intervention

610-782-3127 (24 hours/day; 7 days/week)

CHILDLINE

1-800-932-0313
Child Abuse Referral
(24 hours/day; 7 days/week)
On-line referral: www.compass.state.pa.us

National Gambling Help-Line 1-800-522-4700

Council on Compulsive Gambling of PA HelpLine – 1-800-848-1880

National Suicide Prevention Lifeline

1-800-273-8255

Project Child

HotLine - 267-930-4625 <u>www.projectchildlv.org</u> For parents at risk of abuse

PA 2-1-1

2-1-1

1-855-567-5341 (alternate number) <u>www.pa211east.org</u> *Information and referral services* (Mon-Fri – 7 AM-6:30 PM)

Turning Point of Lehigh Valley

1-877-438-4957

Emergency services for victims of family violence

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PENNSYLVANIA 2-1-1

Pennsylvania 2-1-1 is a free, confidential, non-emergency, comprehensive information and referral services that connects Lehigh County residents with the health and human services they need.

Connect with 2-1-1

Phone: Dial 2-1-1 or 855-567-5341

Available Monday - Friday between the hours of 7 AM and 6:30 PM

2-1-1 is not intended for emergency use. If you have an emergency, call 9-1-1.

By dialing 2-1-1, trained information specialists can help answer your questions and connect you to the many health, human service, community and cultural resources in the Lehigh Valley.

- .. Healthcare
- .. Youth programs
- .. Counseling
- .. Food Banks
- .. Housing
- .. Aging Services
- .. Food Pantries
- .. Disability Services
- .. Utilities Assistance
- .. Transitional Housing/Shelter
- .. Employment Services
- .. Healthcare Services
- .. Mental Health Counseling
- .. Respite Care
- .. Childcare Programs
- .. Adoptions and Foster Care Programs
- .. Substance Abuse
- .. Other Health and Human Services

Finding community resources is as simple as dialing 2-1-1



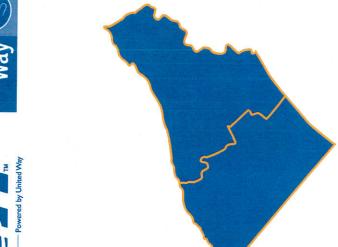
with the services you need. Services include, but Trained call specialists can help connect you are not limited to:

- Healthcare
- Youth Programs
 - Counseling
- Food Banks
 - Housing
- Aging Services
- Other Health and Human Services









available for residents of Lehigh and Northampton Counties 2-1-1 is a **FREE** service

If 2-1-1 is temporarily unavailable on your telephone, dial (717) 291-5462.

www.pa211east.org

This flyer was prepared by Leadership Lehigh Valley Working Dog Press and Mosaic Interactive. in conjunction with: The United Way,

DIAL 2-1.





Find and Connect with Community Resources





referral services to community resources. 2-1-1 provides free information and

Who can use 2-1-1?

Whether you need assistance, are unsure of where to turn or simply want information on a particular human service issue, 2-1-1 can help. Communities in Lehigh and Northampton counties have access to 2-1-1. By dialing 2-1-1, you will be connected to an agency that can help.

Why dial 2-1-1?

2-1-1 is a free service and using it will help reduce the frustration of making multiple calls to locate the resource or organization you need in your community. Using 2-1-1 is free and your information is kept confidential.

When to dial 2-1-1?

The mission of 2-1-1 services is to connect the community with local resources. These services are available Monday - Friday between the hours of 7 AM and 6:30 PM. This 3-digit number is **NOT** for emergency medical situations.

2-1-1 is an easy to remember phone number that quickly connects people with resources in their communities. Residents of the Lehigh and Northampton counties can call and will be connected with the local human services provider that can help.

By simply dialing 2-1-1, trained information specialists can help answer your questions and connect you to the many health, human service, community, and cultural resources in the Lehigh Valley.

Examples of community resources you can access through 2-1-1:

- Food Pantries
- Disability Services
- **Utilities Assistance**
- Transitional Housing/Shelter
- Employment Services
- Healthcare Services
 - Aging Services
- Mental Health Counseling
- Respite Care
- Youth and Child Care Programs Adoptions and Foster Care Programs
 - And much more





Interested in giving back to your community?

 2 -1-1 is also a great resource to connect with local organizations seeking donations and volunteers. Simply dial 2-1-1 and ask how you can help in a human services area that interests you.



PA SAFE2SAY SOMETHING

Safe2Say Something is a youth violence prevention program run by the Pennsylvania Office of the Attorney General.

The program teaches youth and adults how to recognize warning signs and signals, especially within social media, from individuals who may be a threat to themselves or others and to "say something" before it is too late.

With Safe2Say Something, it's easy and confidential to report safety concerns to help prevent violence and tragedies.

How to Submit an Anonymous Tip:

> Call 1-844-723-2729

> Use Safe2Say website <u>www.safe2saypa.org</u>

> Download Safe2Say App (Safe2Say Something PA on Google Play)

ADMINISTRATIVE OFFICES



800 PINE STREET EMMAUS, PA 18049 610-966-8300

EAST PENN SCHOOL DISTRICT ANGEL NETWORK

Parents, Teachers, Staff and Community sharing resources to help students succeed

Providing basic assistance to students on an immediate short-term basis.

Receiving students or their families can ask the school for specific needs. These resources are obtained by the Angel Network Committee through our programs and volunteer Angel Givers on a contact list.

We work closely with District School Counselors to provide the resources confidentially and equitably.

Our Helping Programs:

The Angel Fund

Monetary donations from Angel Givers provide:

- .. Emergency food or other needs
- .. Clothing on an individual basis
- .. Curriculum-based field trips
- .. Academic expenses through the Education Angel Grant

The Resource Closet

A closet within the school serves as a "free store" of school supplies and necessities. Students can request to visit the close through any teacher or their School Counselor.

Holiday Food & Gifts

Gifts of food baskets, grocery gift cards and practical items are given to students at holiday times. Contact your School Counselor for more information.

Goals of the Angel Network:

- > We believe that ALL students are OUR kids and we want them to succeed.
- > Provide basic assistance to students in need on an immediate, short-term basis, until other resources can be secured.
- > Support students' abilities to focus on learning in school.
- > Show we care through anonymous giving in the true spirit of community.

We are a "giving network" activated by student needs.

HOW CAN I PARTICIPATE?

Become an Angel Giver:

Anyone can join the Angel Network

- .. Parents
- .. Faculty & Staff
- .. Community Member
- .. Churches & Organizations
- .. Student Groups
- .. Corporate Sponsors

Please contact the Student Services Office (610-966-8372) for further information.

After becoming an Angel Giver, your name will be placed on the Giver List. When a need arises, you will be contacted to provide a specific item or a monetary donation in an amount you choose within a needed timeframe.

There is never any obligation to help when contacted – just say "not this time."

To Donate to the Network:

Drop off or mail your donation to the school's Main Office in an envelope marked *Angel Network*.

OI

Mail to: Angel Network, East Penn School District, 800 Pine Street, Emmaus, PA 18049

To Help with Resources:

We always need:

- .. School Supplies pencils, notebooks, etc.
- .. Sneakers new, slightly used
- .. Hoodies *large*, extra large
- .. Hygiene supplies basic personal care items
- .. Gym clothes shorts, t-shirts (L, XL), socks
- .. Backpacks large, navy or black, plain

To Help with Food Donations:

Contact Karla Matamoros, EPSD Home & School Visitor 610-965-1626, extension 33031 Email - kmatamoros@eastpensd.org

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ADULT EDUCATION / TRAINING / LITERACY

*	TE 050 1
Adult Literacy Center of Lehigh Valley	Free GED classes. English as a Second
801 Hamilton Street	Language for non-English speaking individuals.
Allentown, PA 18101	Classes to improve reading and writing skills.
610-435-0680	Classes are free and held at a variety of
	locations.
Bethlehem YWCA – WAND Program	WAND assists low income or unemployed
22 West Broad Street	women get higher-paid occupations. Help with
Bethlehem, PA 18018	job searches, resumes and interviewing skills
610-867-4669	in a 6-week training program. Free job-
	appropriate clothing available.
Career Link	Center for individuals seeking jobs and training.
www.pacareerlink.pa.gov/PaCareerLink	Job referrals for local/state jobs. Classes in
	resume writing, interviewing, job searches and
Allentown	computers. Provides payments for career
610-437-5627	training to eligible. Offers GED and English as
	Second Language classes. Civil Service
	Testing site. All services free.
Community Action Development Corp.	Assistance with starting own business. Training
443 North Seventh Street	for low-income first-time business owners
Allentown, PA 18102	through The Start Your Business Program.
610-433-5703	
East Penn School District	Offers non-credit community education
800 Macungie Avenue	programs in variety of areas.
Emmaus, PA 18049	
610-966-8300	
Hispanic American Organization, Inc.	Spanish and English. Assists individuals to
462 Walnut Street	find employment through a temp agency. GED
Allentown, PA 18102	classes, ESL classes, computer classes.
610-351-2292	Assists in obtaining birth certificates. Provides
010-351-2292	rental assistance for those at risk of being
	evicted or are considered displaced.
Job Corps	GED and job skills programs for youth (ages 16
Wilkes Barre, PA	through 24) who have left high school. High
267-386-2922	school graduates also eligible for job skills
	training. Both residential and non-residential
www.jobcorps.gov	program. Free, federally funded.
	4 sites in PA – Hazelton, Rickets Glenn,
	Philadelphia, Pittsburgh. Recreational
	opportunities (on-site or off-site)
Office of Vocational Rehabilitation	Federal program with funding for job training
45 North Fourth Street	and vocational rehabilitation. Counseling for
Allentown, PA 18101	individuals with physical or mental disabilities
610-821-6441	who have trouble getting and holding a job.
TTY/TDD: 610-821-6144	Call for appointment.
	Information about nutrition and food safety,
Penn State Cooperative Education	budgeting, stress management, and parenting.
4184 Dorney Park Road	Information on horticulture, agriculture, farm
Allentown, PA 18104	, 5
610-391-9840	management, and 4H.

BEHAVIORAL HEALTH SERVICES / COUNSELING SERVICES

ACCESS Services 3067 Township Line Road Bethlehem, PA 18020 610-866-6667	Provides community based special needs and disabilities services – day programs, respite care, mental health and wellness center. Provides resources
American Counseling Services 3201 Highland Drive, Suite M Bethlehem, PA 18020 610-419-1536	Individual counseling for adults and children, family counseling, couples/marital counseling, hypnotherapy, LGBTQ services, immigration assessments.
Behavioral Health Associates 413 Bridge Street Weissport, PA 189236 610-379-9304	Provides academic assessment, behavioral assessment, social assessment, social skills training.
CONCERN Professional Services 1 West Main Street Fleetwood, PA 610-944-0445	Professional services for children, youth and adults. Behavioral health services; adoption services; foster placement services; residential services; social skills services.
Glen Koch & Associates 961 Marcon Boulevard, Suite 312 Allentown, PA 18109 610-266-0610	Out-patient mental health services – individual and family therapy, drug & alcohol therapy, behavioral health rehabilitation therapy (children and adolescents).
Goodwin, Danielle, Psy.D. 1011 Brookside Road, Suite 305 Allentown, PA 18106 610-390-4543	Licensed Clinical Psychologist/Certified School Psychologist. Provides individual therapy to children, adolescents and adults. Provides family therapy to assist parents and children with developing effective communication skills and to provide support and education to parents to effectively assist their child. Provides psychological/psycho-educational testing.
Holcomb Behavioral Health Associates 1245 South Cedar Crest Boulevard Allentown, PA 18103 610-435-1245	Provides mental health out-patient counseling services – individual, dyadic and family therapy. Provides psychological evaluation services and psychiatric evaluation.
KidsPeace 5300 KidsPeace Drive Orefield, PA 18069 1-800-854-3123	Private non-profit organization. Serves critical behavioral and mental health needs of children and adolescents. Offers comprehensive range of treatment programs to help familiies anticipate and avoid crisis whenever possible.
Broadway Campus 1650 Broadway Bethlehem, PA 18105 1-800-854-3123	KidsPeace Hospital – Free-standing psychiatric hospital for treatment of children and adolescents (5 through 18) Acute Partial Hospitalization – day treatment program 45-Day Diagnostic Assessment Program Residential Care Program Behavioral Health Rehabilitation Services Foster care services
Lehigh County Crisis Intervention 610-782-3127	Emergency mental health assistance. 24 hours a day – 7 days a week

NAMI National Association for the Mentally III Lehigh County 610-882-2102	Support groups for parents and families with mental illness. Call for specific meeting times.
Pinebrook Family Answers 403 North Fulton Street Allentown, PA 18102 610-432-3919	Offers diagnostic respite, counseling, parenting classes, family preservation programs. Regular and intensive foster care. Support and counseling for foster care children and their families.
Progressions Behavioral Health Services 881 Marcon Boulevard Allentown, PA 18109 610-266-2565	Offers out-patient psychiatric services and behavioral health rehabilitation services
Schippell, Pamela 1320 Hausman Road, Suite 202 Allentown, PA 18104 484-273-2523	Licensed clinical psychologist specializing in children and adolescents. Provides assessment, treatment in the areas of adjustment, anger management, anxiety, ADHD, depression, parenting challenges, social skills problems and stress management.
Sellers, Amanda, Psy.D. 1259 South Cedar Crest Boulevard Allentown, A 18103 484-809-0529	Specializes in assessment and treatment of children and adolescents. Provides individual and family therapy. Conducts comprehensive psychological assessments to diagnose disorders and offer practical recommendations.
Team Counseling Concepts 2909 PA Route 100, Suite 110 Orefield, PA 18069 570-460-0050	Serves children with Autism Spectrum Diagnoses only. Provides behavioral health support to children under the age of 21.
Valley Youth House 829 Linden Street Bethlehem, PA 18101 610-820-0166 24-hour Hotline – 610-691-1200	Provides counseling for families and youth and family preservation. Provides independent living program for youths on their own (therapy, supervised residence), runaways, homeless youth. (ages 12 through 17). Offers Student Assistance Program (SAP) and mental health counseling

BEREAVEMENT

AAPR	On-line articles, publications and discussion
www.aarp.org/relationships/grief-loss	boards.
Babysteps	Offers resources and a place to share.
www.babysteps.com/	
Bereaved Parents of the USA	Self-help group offering support,
www.bereavedparentsusa.org/	understanding, compassion and hope
	especially to the newly bereaved. Provides
	monthly support meetings, newsletters and resources.
Compassionate Friends	Meets at Sacred Heart Hospital
421 West Chew Street	Support groups for parents of all ages,
Allentown, PA 18102	grieving the loss of a child.
610-657-6640	
Crime Victims Council	Support groups held throughout the year.
www.cvclv.org	
Diakon Family Life Services	Free support groups offered in Lehigh Valley
www.diakn.org/family-life-services	locations open to anyone who has
	experienced death of a loved ne and seeks understanding and support, Groups facilitated
	by professional counselor.
Jewish Family Services of the Lehigh	Bereavement support group
Valley	
www.jewishfamilyservice-lv.org	
KIDSAID	Website for bereaved children that provides
www.kidsaid.com/	safe environment for children and their
Labiah Valley Heelth Network	parents to find information and ask questions.
Lehigh Valley Health Network 610-402-7481	Grief Process Groups Stepping Stones for Children (ages 4 to 12)
010-402-7401	Holiday Workshops H – address feelings of
	grief or loss associated with Holiday season
MISS – Mothers in Sympathy & Support	Provides emergency support to families after
www.misschildren.org	death of baby or young child.
Parents of Murdered Children	Provides support and assistance to all
www.pomc.com	survivors of homicide victims.
St. Luke's Hospice	 Eight workshops run 3 times per year. Monthly book discussion on loss and grief.
484-526-1100	Walking through grief
St. Luke's Hospice	Support group for children. Parents must
Ryan's Tree	remain on site and may participate in optional
484-241-8043	adult support group while children participate
	in Ryan's Tree Program.
SHARE of the Lehigh Valley	For a rents who have experienced loss
www.theshareprogramofthelehighvalley/	through miscarriage, stillbirth or early infant death.
Survivors of Suicide	Loss support group
Family Answers	
411 Walnut Street	
Allentown, PA 18102	
610-435-9651	

TAPS – Tragedy Assistance Program for Survivors www.taps.org/	Provides services to those who have lost a loved one while serving the country in the Armed Forces.
TLC - National Institute for Trauma & Loss in Children www.starrtraining.org/trauma-and-children	Assisting traumatized children and families restore a sense of safety and reduce effects of trauma. Information available about trauma, resources and training for professionals.
Twinless Twins Support Group www.twinlesstwins.org	Serves in support of twins (and all multiple births) who suffer from the loss of companionship of their twin through death, estrangement or in-utero loss.

CHILD CARE

PA Child Care Subsidy Program	Assists lower income families to pay child care
PA Keys	fees.
1-800-284-6031	
Unconditional Child Care	Provides intervention for children who are at
Pinebrook Family Answers	risk of being withdrawn from their licensed child
402 North Fulton Street	care program due to difficult behaviors.
Allentown, PA 18102	
610-432-3919	

CLOTHING BANKS

Closet of Hope, The Macungie Christian Community 126 South Church Street Emmaus, PA 18049 610-966-2382	Outreach program to assist people in need of clothing or small housewares.
Everlasting Life Ministries 224 North Sixth Street Allentown, PA 18101 610-776-4009 1051 Webster Avenue Allentown, PA 18103 776-4009	Clothing bank Food bank
Perfect Fit for Working Women, The 702 Hamilton Street, Suite 100 Allentown, PA 18102 610-871-5060	Provides gently used and new outfits for women's job interviews and the first week of work

COMMUNITY AGENCIES AND PROGRAMS

	T=
Adolescents and Families Together	Provides counseling for families and youth and family preservation. Provides independent
Valley Youth House	living program for youths on their own (therapy,
829 Linden Street	supervised residence), runaways, homeless
Bethlehem, PA 18101	youth. (ages 12 through 17). Offers Student
610-820-0166	Assistance Program (SAP) and mental health
24-hour Hotline – 610-691-1200	counseling
American Cancer Society	Local chapter of the American Cancer Society.
3892 Adler Place, Suite 170	Provides information, day-to-day help and
Bethlehem, PA 18017	support.
610-921-2329	
American Cancer Society	Program to help individuals cope with breast
Reach to Recovery Program	cancer through one-on-one peer support, from
3892 Adler Place, Suite 170	pre-diagnosis through the entire period when
Bethlehem, PA 18017	breast cancer remains a personal concern.
610-921-2329	
American Red Cross of the Greater	Disaster response, health and safety
Lehigh Valley	administration and classes, armed forces
3939 Broadway	emergency communication for family members and Valley Wide Help (information telephone
Allentown, PA 18104	line).
610-865-4400	,
Big Brothers & Big Sisters of Lehigh	Provides male/female role models for children
Valley, Inc.	ages 7-14. Focuses on friendships rather than
41 South Carlisle Street	activities. Volunteers must be 18 years of age
Allentown, PA 18109	and residents of Lehigh County. Volunteers interact with children 3 to 6 hours per week for
610-432-8000	a minimum of one year.
	Requirements:
	Children come from single parent homes.
ChildLine	ChildLine is part of a mandated statewide child
1-800-932-0313	protective services program designed to accept
	child abuse referrals and general child well-
www.compass.state.pa.us	being concerns and transmit the information
(on-line referral)	quickly to the appropriate investigating agency.
,	ChildLine is responsible for receiving verbal
	and electronic referrals 24 hours a day, 7 days
	a week.
Casa Guadalupe Center	Offers health, education, social services and
218 North Second Street	community development programs. Provides
Allentown, PA 18102	social service case management. Offers PPL
610-435-9902	operation help. Helps people pay for heating
Catholic Charities Disease of Alley (bills to avoid disruption in service.
Catholic Charities Diocese of Allentown	Offers adoption options, immigration consultation, adult day care, individual and
900 South Woodward Street	family counseling. pregnancy support for
Allentown, PA 18103	guidance in making decisions, emergency
610-435-1541	food, job assistance for employment issues,
	refugee assistance to resettle in new culture,
	foster parenting, housing, and senior services
	for friendship for older adults.

Center for Humanistic Change	Offers training programs in the community for
555 Union Boulevard	organizations/schools on: wellness, parenting,
Suite 7, Second Floor	drug and alcohol prevention, children
Allentown, PA 18109	experiencing divorce/separation, peer mediation, conflict resolution, violence, bully
610-433-1595	prevention, and life skills programs.
CONCERN Professional Services	Professional services for children, youth and
1 West Main Street	adults. Behavioral health services; adoption
Fleetwood, PA	services; foster placement services; residential
610-944-0445	services; social skills services.
Crime Victims Council of Lehigh Valley	Non-profit organization providing non-
801 Hamilton Street	judgmental support and services to victims of
Allentown, PA 18101	all violence and their families. Offers a wide
610-868-7800	variety of prevention programs.
24 Hours HotLine: 610-437-6611	
Family Project – The Morning Call	Collaboration between The Morning Call and
www.mcall.com/features/family	parenting professionals brought together by
www.modii.com/reatures/ramily	Valley Youth House and Project CHILD.
Hispanic Center of Lehigh Valley	Assist Hispanic and other families to become
520 East Fourth Street	more self-sufficient, while promoting inter-
Bethlehem, PA 18105	cultural understanding. Service include: WIC
610-868-7800	program, Senior Center, and Food Pantry.
KidsPeace	Private non-profit organization. Serves critical
5300 KidsPeace Drive	behavioral and mental health needs of children
Orefield, PA 18069	and adolescents. Offers comprehensive range
1-800-854-3123	of treatment programs to help families
1-000-004-0120	anticipate and avoid crisis whenever possible.
Broadway Campus	
1650 Broadway	KidsPeace Hospital – Free-standing
Bethlehem, PA 18105	psychiatric hospital for treatment of children and adolescents (5 through 18)
1-800-854-3123	Acute Partial Hospitalization – day treatment
. 666 661 6126	program
	45-Day Diagnostic Assessment Program
	Residential Care Program
	Behavioral Health Rehabilitation Services
	Foster care services
Lehigh County Conference of Churches	Association of local churches. Offers social
PA 2-1-1	services programs and emergency services for
457 West Allen Street	housing, food, jobs and other needs. Assists
Allentown, PA 18102	with connecting displaced individuals with services.
610-433-6421	
Lehigh County Crisis Intervention	Emergency mental health assistance
610-782-3127	24 hours a day – 7 days a week
Lehigh Valley Parent & Family Support	Provides services to parents of a teenager or
Group	adult child with drug problem, Services include
3231 Tilghman Street	peer support, information, referrals.
Allentown, PA 18104	
917-763-8978	
LVH Center for Women's Medicine	Provides comprehensive health care for
1827 Chew Street, 1 st floor	women, including adolescent girls. Specialists
Allentown, PA 18102	are available to help with difficult pregnancies,
610-402-1600	depression, nutrition and other concerns. If
1.5 1.52 1.555	patients have difficulty getting to appointments,
	transportation is available.

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NAMI	Support groups for parents and families with
National Association for the Mentally III	mental illness.
Lehigh County	Call for specific meeting times.
610-882-2102	
National HotLine for Crime Victims	National Hotline
1-800-422-4453	
Office of Vocational Rehabilitation	Federal program with funding for job training
45 North Fourth Street	and vocational rehabilitation. Counseling for
Allentown, PA 18101	individuals with physical or mental disabilities
610-821-6441	who have trouble getting and holding a job.
TTY/TDD: 610-821-6144	Call for appointment.
Pinebrook Family Answers	Offers diagnostic respite, counseling, parenting
403 North Fulton Street	classes, family preservation programs.
Allentown, PA 18102	Regular and intensive foster care. Support and
610-432-3919	counseling for foster care children and their
010-432-3919	families.
Program for Women and Families	The Program for Women and Families merged
merged with Pinebrook Family Answers	with Pinebrook Famiy Answers. The Program
927 Hamilton Street	offers community-based services for female
Allentown, PA 18101	offenders, youth at risk of delinquency, all adult
610-433-6556	offenders (including males). Mission of
010 400 0000	program is to assist in the field of re-entry by
Main Office:	implementing evidence-based programming to
402 North Fulton Street	reduce recidivism among justice-involved
Allentown, PA 18102	population.
610-432-3919	
	Project CHILD brings child abuse prevention
Project CHILD	information to parents and professionals
Valley Youth House	Provides public education, professional
3400 High Point Boulevard	development, parent support, legislative
Bethlehem, PA 18107	advocacy and specialized programs in order to
610-820-0166 267-930-4625	prevent child abuse and neglect.
24-hour Hotline – 610-691-1200	But the second sector beautiful as a few
St. Luke's Women's Health Center	Provides comprehensive health care for
1837 West Linden Street	women, including adolescent girls. Specialists
Allentown, PA 18102	are available to help with difficult pregnancies, depression, nutrition and other concerns
610-628-8400	,
Turning Point of the Lehigh Valley	Emergency services to victims of family
444 East Susquehanna Street	violence. Individual and group counseling for
Allentown, PA 18103	adult and chid survivors. Court advocates for
610-797-0530	protection from abuse orders. Individual and
HotLine – 610-437-3369	group counseling. Short-term emergency shelter for female victims of violence and their
	children.
Valley Youth House	Provides counseling for families and youth and
829 Linden Street	family preservation. Provides independent
Bethlehem, PA 18101	living program for youths on their own (therapy,
610-820-0166	supervised residence), runaways, homeless
24-hour Hotline – 610-691-1200	youth. (ages 12 - 17). Student Assistance
24-11001 FIOURIE - 010-091-1200	Program and mental health counseling.
Youth Advocate Programs	Provides services to keep youth out of the
701 West Broad Street, Suite 205	police and court system, individual case
Bethlehem, PA 18018	management, counseling and relationships
610-865-9111	with caring adults for at-risk children and youth.
010-000-3111	1

CONSUMER CREDIT COUNSELING AGENCIES

American Credit Counseling Institute	Alliance for Building Communities, Inc
5100 Tilghman Street, Suite 225	532 West Walnut Street
Allentown, PA 18104	Allentown, PA 18103
888-468-8847	610-439-7007
Community Action Committee of Lehigh	AAA/Integra
Valley	2937 Route 611
1337 East Fifth Street	Tannersville, PA 18372
Bethlehem, PA 18105	570-620-2438
610-691-5620	

CONSUMER EDUCATION

Allentown Human Relations Commission Lehigh County Courthouse 435 Hamilton Street Allentown, PA 18101 610-437-7616	Provides protection from discrimination and harassment, as well as information and mediation for landlord/tenant disputes and employee/employer disputes.
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DRUG AND ALCOHOL ASSESSMENT

Lehigh Valley Drug & Alcohol Intake Unit

100 North Third Street, Suite 401 Easton, PA 18042 610-932-0394

Evaluation and referral services. Serves as a vital source of drug and alcohol information for the Lehigh Valley. Services include answering telephone inquiries, distributing printed literature, presentations to local groups and in-servicing professionals in the field.

Components:

1. Assessment

An assessment is the first step in the process for Lehigh County residents to get the assistance they need. An appointment for the assessment is scheduled. The assessor will gather information to determine the level of treatment that is needed, assistance will be provided in completing the necessary paperwork to access treatment and may include an application to the Department of Public Welfare for Medical Assistance. The assessment process may take up to two hours to complete. The assessor will determine the recommended level of care needed and provide assistance with the referral process.

2. Intervention

Intervention encompasses initial steps for drug and alcohol services. The goal is to assist the individual to recognize, identify and engage the problems related to substance abuse.

Confront Treatment Centers in Confront 1130 Walnut Street Allentown, PA 18102	Assessment, referral, habitative and rehabilitation in-patient treatment, intensive out-patient treatment. Walk-in hours – Mondays – Fridays, 8:30 AM –
Hispanic American Organization 462 West Walnut Street Allentown, PA 18102 610-351-2292	3:30 PM. Provides substance abuse assessment services for adults. Walk-in hours – Mondays - Fridays, 8 AM - 3 PM.
MARS-ATP Mid-Atlantic Rehabilitation Services Addiction Program 826 Delaware Avenue Bethlehem, PA 18105 610-439-3101	Provides screening and assessment, outpatient and intensive outpatient services for both adolescents and adults. Day and evening services available.
Pyramid Health Care Inc. 1605 North Cedar Crest Boulevard Allentown, PA 18104 610-434-1126	Dual diagnosis outpatient program that provides assessment / treatment recommendations, individual, group and family therapy, intensive outpatient therapy, outpatient therapy, professional consultations, educational presentations and workshops, and urine screens for drugs of abuse. Walk-in hours – Mondays and Tuesdays – 9 AM – 2 PM

DRUG & ALCOHOL TREATMENT CENTERS

www.freerehabcentersorg

Allentown Comprehensive Treatment Center 4400 South Cedarbrook Road Allentown, PA 18103 610-481-0444	Patients can obtain treatment for opioid addiction. Specializes in treating individuals who are addicted to opioids like heroin, prescription painkillers and morphine Provides both medication assisted treatment and therapeutic interventions (group and individual therapy). Fees variable based on client's ability to pay.
Confront Treatment Centers in Confront 1130 Walnut Street Allentown, PA 18102 610-433-0148	Assessment, referral, habitative and rehabilitation in-patient treatment, intensive out-patient treatment. All programs may be funded by the government of foundation grants and by contracts and operated in connection with law enforcement agencies Sliding scale – fees variable based on client's ability to pay.
Granite Recovery Centers 1-855-712-7784	Offers drug and alcohol treatment programs. Website: graniterecoverycenters.com
Halfway House of the Lehigh Valley 121 North Eighth Street Allentown, PA 18101 610-433-0128	Provides residential treatment for chemically- dependent adults for the first 30 days, after which program transitions client to access employment in addition to counseling. Halfway
Keenan House 18 South Sixth Street Allentown, PA 18105 610-439-8479	House is a division of Treatment Trends, Inc. Community-based residential therapeutic community treatment program. Licensed as an in-patient, non-hospital facility providing habitabilitive and rehabilitative treatment services for adult men. Provides individual and group therapy, along with psycho-education to provide new knowledge and skills.
Kolbe Academy Diocese of Allentown 395 Bridlepath Road Bethlehem, PA 18107 610-419-3333	School for high school students in recovery from substance addition. Faulty and administration creates an environment that promotes life-long recovery and educational success
MARS-ATP Mid-Atlantic Rehabilitation Services Addiction Program 826 Delaware Avenue Bethlehem, PA 18105 610-439-3101	Provides screening and assessment, outpatient and intensive outpatient services for both adolescents and adults. Uses cognitive/behavioral therapy, dialectical behavioral therapy, substance abuse counseling, trauma-related counseling. Day and evening services available.
New Directions Treatment Services, Inc. 2442 Brodhead Road Bethlehem, PA 18020 610-758-8011	Specializes in opioid addiction and current narcotic dependence. Services include methadone and detox, out-reach, HIV testing, pre- and post- counseling, HIV/AIDS education and case management.

Dimensial Health Cons. Inc.	Dual diagnosis outnotient program that
Pyramid Health Care Inc.	Dual diagnosis outpatient program that
1605 North Cedar Crest Boulevard	provides assessment / treatment
Allentown, PA 18104	recommendations, individual, group and family
610-434-1126	therapy, intensive outpatient therapy,
	outpatient therapy, professional consultations,
	educational presentations and workshops, and
	urine screens for drugs of abuse. Provides
	short-term and long-term residential treatment
	for both males and females.
Rehab Spot	Offers drug and alcohol treatment programs.
1-844-817-2785	
	Website: rehabspot.com
Community Outreach Specialist	·
Hannah Cleaveland	
1-800-586-9670	
Riverside Care	Provides a full continuum of community-based
44 East Broad Street	out-patient services to treat behavioral
Bethlehem, PA 18103	problems associated with alcohol and drug
610-595-9066	addiction.
Step by Step, Inc.	Community-based human service agency.
275 Linden Street	Provides treatment to adults with substance
Allentown, PA 18101	abuse and mental illness. Provides individual,
610-776-1224	group and family therapy and psychiatric
610-776-1224	services.
	Sliding scale – fees variable based on client's
	ability to pay.
White Deer Run of Allentown	Offers intensive out-patient treatment for adults
1259 South Cedar Crest Boulevard	and adolescents who suffer from substance
Allentown, PA 18103	abuse and co-occurring disorders. Family
•	sessions can be completed upon request.
610-595-9066	Topics covered include intensive education
	about the disease of addiction, physical
	recovery, recovery and stress management.
	DUI and after-care group therapy is also
	available.
	a.aa

EMPLOYMENT AGENCIES

Aaron Resources	Adecco Employment Services
12200 West Hamilton Street, Suite 108	5924 Tilghman Street, Suite H
Allentown, PA 18104	Allentown, PA 18104
610-433-8000	610-435-0553
Career Link of Lehigh Valley	Hobbie Personnel
555 Union Boulevard	3434 Hamilton Boulevard
Allentown, PA 18109	Allentown, PA 18103
610-437-5627	610-439-2386
Jobconnection Services	Kelly Services
512 Hamilton Street	5100 West Tilghman Street, Suite 200
Allentown, PA 18101	Allentown, PA 18104
610-351-1401	610-530-1694
Lehigh Valley Staffing	Mercury Staffing
62 Walnut Street	1101 West Hamilton Street
Allentown, PA 18102	Allentown, PA 18101
610-435-6010	610-439-6322
Onesource Staffing	Uniforce Staffing Services
3722 Lehigh Street, #410	1405 North Cedar Crest Boulevard
Whitehall, PA 18052	Allentown, PA 18104
610-439-2205	610-437-9227

EMPLOYMENT ASSISTANCE

Bethlehem YWCA – WAND Program	WAND assists low income or unemployed
22 West Broad Street	women get higher-paid occupations. Help with job searches, resumes and interviewing skills
Bethlehem, PA 18018	in a 6-week training program. Free job-
610-867-4669	appropriate clothing available.
Career Link	Center for individuals seeking jobs and training.
www.pacareerlink.pa.gov/PaCareerLink	Job referrals for local/state jobs. Classes in
	resume writing, interviewing, job searches and
Allentown	computers. Provides payments for career training to eligible. Offers GED and English as
610-437-5627	Second Language classes. Civil Service
	Testing site. All services free.
Hispanic American Organization, Inc.	Spanish and English. Assists individuals to
462 Walnut Street	find employment through a temp. agency.
Allentown, PA 18102	GED classes, ESL classes, computer classes.
610-351-2292	Assists in obtaining birth certificates. Provides rental assistance for those at risk of behind
	evicted or are considered displaced
	(homeless).
Job Corps	GED and job skills programs for youth (ages 16
Wilkes Barre, PA	through 24) who have left high school. High
267-386-2922	school graduates also eligible for job skills training. Both residential and non-residential
www.jobcorps.gov	program. Free, federally funded.
	programm rico, rodoram, ramadan
	4 sites in PA – Hazelton, Rickets Glenn,
	Philadelphia, Pittsburgh. Recreational
Office of Vocational Rehabilitation	opportunities (on-site or off-site) Federal program with funding for job training
45 North Fourth Street	and vocational rehabilitation. Counseling for
Allentown, PA 18101	individuals with physical or mental disabilities
610-821-6441	who have trouble getting and holding a job.
TTY/TDD: 610-821-6144	Call for appointment.
PA Human Relations Commission	Deals with employer/employee disputes,
333 Market Street, 8 th Floor	discrimination.
Harrisburg, PA 17017	
717-787-9780	
Perfect Fit for Working Women, The	Provides gently used and new outfits for
702 Hamilton Street, Suite 100	women's job interviews and the first week of work
Allentown, PA 18102	WUIK
610-871-5060	

FINANCIAL ASSISTANCE AGENCIES

Catholic Charities Diocese of Allentown	Social convices agency. Offers one time
900 South Woodward Street	Social services agency. Offers one-time financial assistance with rent or mortgage for
Allentown, A 18103	Lehigh County residents who meet eligibility
610-435-1541	criteria.
Community Action Committee of the	Free tax preparation for eligible families.
Lehigh Valley	Assistance with loan modification or ending
1337 East Fifth Street	foreclosures. Assistance with landlord/tenant
Bethlehem, PA 18015	disputes. First time home-buyer assistance.
610-691-5620	Energy assistance.
Hispanic American Organization, Inc.	Spanish and English. Assists individuals to
462 Walnut Street	find employment through a temp. agency.
Allentown, PA 18102	GED classes, ESL classes, computer classes.
610-351-2292	Assists in obtaining birth certificates. Provides
	rental assistance for those at risk of behind
Lohigh County Assistance Office	evicted or are considered displaced. Assist families in financial need with good
Lehigh County Assistance Office 17 South Seventh Street	stamps, cash grants, employment and training
Allentown, PA 18101	resources, energy assistance.
610-782-3200	, 3,
555 Union Boulevard, Suite 3	
Allentown, PA 18109	
610-821-6509	
Lehigh County Conference of Churches	Association of local churches. Offers social
PA 2-1-1	services programs and emergency services for
457 West Allen Street	housing, food, jobs and other needs. Assists
Allentown, PA 18102	with connecting displaced individuals with
610-433-6421	services.
Pinebrook Family Answers	Offers a way-to-work program, which can
403 North Fulton Street	provide a loan for car repairs Provides
Allentown, PA 18102	assistance with household budgeting.
610-432-3919	
Salvation Army	Assistance with medical (prescriptions),
144 North Eighth Street	energy. Emergency shelter at 344 North Seventh
Allentown, PA 18102 610-432-0129	Street, Allentown.
Social Security Office	Services provided: handling all inquiries
41 North Fourth Street	regarding Social Security, such as Disabiliaty
Allentown, PA 18102	claims and survivor benefits.
1-800-772-1213	
Unemployment Office	Provides information about applying for
PA Career Link	unemployment.
555 Union Boulevard	
Allentown, PA 18109	
1-888-313-7284	
www.legalconsumer.com/unemploymentlaw/	
<u>unemployment-office</u>	
Welfare Helpline	Information regarding financial assistance,
1-800-692-7462	medical assistance, food stamps and energy
4.077.005.0000	assistance (run by State of PA).
1-877-395-8930	

FOOD BANKS / FOOD RELATED ASSISTANCE

Lehigh County Assistance Office 955 Union Boulevard, Suite 3 Allentown, PA 18109 610-821-6509	Food stamps. Food stamps can provide extra help needed if financial criteria is met. Qualified individuals will receive a card to purchase food at a grocery store.
	Application can be completed on-line at www.compass.state.pa.us .
WIC Maternal & Family Health Services WIC Nutrition 1227 Liberty Street, Suite 104 Allentown, PA 18102 610-432-3455	WIC Program promotes health of women, infants and children by providing food and nutrition education to pregnant women and breastfeeding mothers, as well as their infants and children. Services include nutrition education, healthy food vouchers, breastfeeding support, farmer's market vouchers.
WIC Casa Guadalupe 143 Linden Street Allentown, PA 18101 610-435-6573	WIC Program promotes health of women, infants and children by providing food and nutrition education to pregnant women and breastfeeding mothers, as well as their infants and children. Services include nutrition education, healthy food vouchers, breastfeeding support, farmer's market vouchers.

FOOD BANKS

FUUD BANKS	
Allentown Area Ecumenical Food Bank	610-821-1332
Animal Food Bank of the Lehigh Valley	610-421-8014
Emmaus	
Casa Jeanette Christian Ministries	610-432-2222
Central Moravian	610-866-5661
Bethlehem	
Everlasting Ministries	610-776-4009
Allentown	
Iglesia Pentacostal Poder Desde Lo Alto	484-221-0078
Allentown	
Jewish Family Services of the Lehigh	610-821-8722
Valley	
Allentown	
Ministerio Fuentede Vida USA	610-433-6453
Allentown	
New Bethany Ministeries	610-691-5602
Bethlehem	
Salvation Army	610-432-0129
Allentown	
Salem United Methodist Church	610-432-2577
Allentown	

SOUP KITCHENS

Allentown Area Ecumenical Food Allentown	610-821-1332
Catholic Charities Diocese of Allentown Allentown	610-435-1541
DayBreak Allentown	610-820-5049
Lehigh Conferences of Churches Allentown	610-433-6421
New Bethany Ministries Bethlehem	610-691-5602
Salvation Army Allentown	610-867-4681
Volunteer Center of Lehigh Valley Allentown	610-807-0336

HOMELESS / DISPLACED

National Center for Homeless Education - Toll-free - 1-800-308-2145

East Penn School District Contact – Karla Matamoros 610-965-1626, extension 33031

Children or youth and their families living in a shelter, transitional housing, motel, vehicle, campground, on the street or double-up with relatives or friends due to a lack of housing are considered to be Homeless.

The law indicates that student experiencing homeless shall:

- 1. Be given access to the same public education provided to other children
- 2. Continue in the school they attended before family experienced homelessness
- 3. Receive transportation to the school they attended before experiencing homelessness
- 4. Attend a school and participate in school programs with children who are not homeless
- 5. Enroll in school without giving permanent address
- 6. Receive the same program and services, if needed, provided to other children

HEALTH INFORMATION

HOSPITALS

Lehigh Valley Health Network	Lehigh Valley Health Network
Lehigh Valley Hospital	Lehigh Valley Hospital
Cedar Crest Boulevard	17 th and Chew Streets
Allentown, PA	Allentown, PA
610-402-8000	610-402-8000
Lehigh Valley Health Network	Transitions – Lehigh Valley Health
Muhlenberg Hospital	Network
Bethlehem, PA	Cedar Crest Boulevard
610-402-8000	Allentown, PA
	610-402-5930
St. Luke's Hospital	St. Luke's Hospital
1736 Hamilton Street	801 Ostrum Street
Allentown, PA 18104	Bethlehem, PA 18105
866-785-8537	1-866-785-8537
Sacred Heart Hospital	
421 Chew Street	
Allentown, PA 18102	
610-776-5109	
Good Shepherd Rehabilitation Hospital	
South Fifth Street	
Allentown, PA	
888-447-3422	

HEALTH CLINICS

Breast Health Services of Lehigh Valley	Children's Clinic at Lehigh Valley Health
Hospital	Network
Allentown, PA	Allentown
888-402-5846	610-969-4300
Community Health & Wellness Center	Lehigh Valley Community Mental Health
Allentown, PA	Allentown, PA
610-969-2800	484-223-3112
Lehigh Valley Family Center – Lehigh	Lehigh Valley Health Network
Valley Hospital	Bethlehem, PA
Allentown, PA	484-884-2249
610-969-3500	
LVHN Center for Women's Medicine	Lehigh Valley Hospital Trauma Center
1827 Chew Street, 1 st floor	Allentown, PA
Allentown, PA 18102	610-402-8000
610-402-1600	
Minute Clinic - St. Luke's	Neighborhood Health Center
Macungie, PA	Allentown, PA
610-97-5684	610-841-8400
Planned Parenthood – Allentown	St Luke's Womens Health Center
Medical Center	1837 West Linden Street
610-329-1033	Allentown, PA 18102
	610-628-8400
Trexlertown Medical Center	
Trexlertown, PA	
610-402-9355	

HEALTH RESOURCES

Allentown Health Bureau	Assists to prevent disease/injury and
234 North Sixth Street	protect/promote the public's health.
Allentown, PA	Offers clinics:
437-7760	Community Clinic – 610-437-7660
www.allentownpa.gov/Health-Bureau	Immunization Clinic – 610-437-7754
www.anontownpangownroatan Baroad	STD & HIV Clinic - 610-437-7742
	Early Pregnancy Clinic – 610-437-8777 TB Clinic - 610-437-7760
Allentown Women's Center	Offers non-surgical abortions
31 South Commerce Way, Suite 100	Chere hen eargical abortions
Bethlehem, PA 18017	
484-821-0821	
American Heart Association	Information on cardiovascular illness. CPR
Lehigh Valley & Northeast Heart Assoc.	training.
968 Postal Road, #10	
Allentown, PA 18109	
610-867-0583	
American Heart & Stroke Association	Information on cardiovascular disease and
968 Postal Road, #10	strokes.
Allentown, PA 18109	
610-867-0583	
Care-Net Pregnancy Centers of the	Offers free pregnancy testing, counseling
Lehigh Valley	services, parenting information, budget
1034 Wes Hamilton Street	counseling, referrals for baby items.
Allentown, PA	
610-821-4000	N/ 1 : : : : : : : : : : : : : : : : : :
Caring Place Family Health Program	Works in conjunction with Lehigh Valley Health
931 Hamilton Street	Network to provide medical services to children and adults. Medical care provided for
Allentown, PA 18102 610-433-5653	individuals without insurance.
Center for Women's Medicine	Comprehensive health care for women and
1627 West Chew Street, First Floor	adolescent girls. Gynecological exams,
Allentown, PA 18102	prenatal care, vaccinations, screenings for
610-402-1600	sexually transmitted diseases, cancer
	screening, depression, nutrition.
DENTAL CLINIC	Dental clinics in Lehigh Valley. Services for
LV Health Network, Dental Clinic	individuals on Medical Assistance. For those who are uninsured, a financial assessment is
Allentown, PA	completed to determine sliding scale fee.
610-969-2245	description to determine offering doubt foo.
LV Health Network Dental Clinic –	
Muhlenberg Hospital	
Bethlehem, PA	
484-884-2315	
Sacred Heart Dental Center	
Allentown, PA	
610-776-4802	
St Luke's	

Nueva Vida at Casa Guadalupe 218 North Second Street Allentown, PA 18102 610-841-8400 NHCLV
333 West Union Street Allentown, PA 18102 484-635-0330
Health care insurance that covers all uninsured children. Apply on-line.
Behavioral health and employee assistance program services, specialty health and integrated care management to health plans, employers, Medicaid, Medicare and the Federal government.
Coverage for health care services through a fee-for-service program as well as through a managed care program that is administered by contracted Managed Care Organizations. The Office of Medical Assistance Programs administers Pennsylvania's Medicaid program,
which is the joint state and federal Medical Assistance program. Local County Assistance Offices determine eligibility for Medical Assistance.
Implementation site for Department of Health's public health programs. Services include communicable disease reporting and investigation, epidemiology, informational and referral, chronic disease prevention and intervention, clinical services (including sexually-transmitted disease, TB diagnosis/treatment, immunizations and HIV testing), family health programs and environmental health services (including animal bites and rabies information).
Free counseling. Free or sliding scale payment costs. Walk-in: 8:00 AM – 3:30 PM LVH, Cedar Crest Blvd, Allentown (off Pool Pavilion) LVH, 17 th Street, 1 st Floor, Allentown LVH Muhlenberg, South Entrance, 3 rd Floor, Bethlehem
Non-profit foundation dedicated to improve the health of babies by preventing birth defects and infant mortality. Provides educational materials on diet in pregnancy, vaccinations, smoking, and new-born care. Provides support for families with babies in NICU.

Planned Parenthood of Northeast PA 29 North Ninth Street Allentown, PA 18102 610-439-1033 PRESCRIPTION ASSISTANCE Lehigh County Conference of Churches PA 2-1-1 457 West Allen Street	Provides contraceptives and reproductive health services, counseling, walk-in pregnancy testing, morning after pill, male/female sexually transmitted disease testing, premenopausal/menopausal exams, testing and treatment. Free prescription drugs, are available from many sources listed below, including pharmaceutical companies or charities. The government also has a number of benefit programs that can help pay for some or all of a
Allentown, PA 18102	prescription drug.
610-433-6421	prescription drug.
	A free discount prescription drug card is offered by many county governments. It will save consumers about 20-40% on all of their medicines. More at NaCo discount prescription card.
PRESCRIPTION ASSISTANCE	The County of Lehigh has partnered with the
Lehigh County Prescription	National Association of Counties (NACo) to bring Lehigh County residents a Prescription
Discount Card	Discount Card program that allows cardholders
www.lehighcounty.org/Departments/Human-	an average of 20% off the pharmacy's regular
Services/Aging-and-Adult-	price on all commonly prescribed prescriptions
Services/Prescription-Discount-Card	and an average savings of 50% on 3-month supplies of select generics through mail
	service. Free prescription discount card available at
	over 250 distribution sites located throughout
	Lehigh County
PRESCRIPTION ASSISTANCE	The Partnership for Prescription Assistance
Partnership for Prescription Assistance	brings together America's pharmaceutical
– PA	companies, doctors, other health care providers, patient advocacy organizations and
www.palawhelp.org/resource/partnership-for-	community groups to help qualifying patients
<u>prescription-assistance</u>	who lack prescription coverage get the medicines they need through the public or
	private programs.

HOUSING

Allentown Housing Authority 1339 West Allen Street Allentown, PA 18102 610-439-8678 Allentown Rescue Mission 355 Hamilton Street Allentown, PA 18101 610-740-5500	Assist in providing safe, decent and affordable housing for low-income families, senior citizens and disabled residents. Provides housing for males in crisis or experiencing homelessness.
Beall & Linny Fowler Hospitality House for Women & Children Salvation Army 344 North Seventh Street Allentown, PA 18102 610-432-0128	Provides emergency homeless shelter for women and children. Provides transitional housing for women and children. Services provided by Salvation Army.
Cay Galgon Life House 714 West Broad Street Bethlehem, PA 18106 610-867-9546	Provides housing, counseling and education for homeless mothers and babies in the Lehigh Valley.
Community Action Committee of the Lehigh Valley 1337 East Fifth Street Bethlehem, PA 18105 610-691-5626	Assists with individuals experiencing homelessness. Provides heating assistance or weatherizing their homes.
Lehigh Conference of Churches 457 West Allen Street Allentown, PA 18102 610-433-6421	Assists with finding shelter through Pathways Housing Services.
Pathways Housing Services Lehigh Conference of Churches 1031 Linden Street Allentown, PA 18102 610-439-8653	Assisted in finding shelter for individuals facing homelessness.
Salvation Army 344 North Seventh Street Allentown, PA 18102 610-432-0128	Provides emergency shelter and transitional housing.
Sixth Street Shelter PA 2-1-1 218 North Sixth Street Allentown, PA 18102 610-435-1490	Provides housing for families in separate apartments for up to 2 months.
Turning Point of the Lehigh Valley 444 East Susquehanna Street Allentown, PA 18103 610-797-0530	Provides safe place where victims of abuse and their children can find refuge. Provides an emergency Safe House, 24 Hour Hotline, empowerment counseling, legal advocacy.
Valley Youth House 539 Eighth Avenue Bethlehem, PA 18018 610-691-1200	Provides shelter for teens and youth, 12 to 17 years of age. Offers transitional housing for youth.

HOUSING - RENTAL AND HOME-BUYING ASSISTANCE

Alliance for Building Communities (ABC) 532 Walnut Street Allentown, PA 18101 610-439-7007	Provides tools and information to make better- informed housing decisions. Free financial counseling on financial education, pre- purchase / pre-closing, rental counseling and budgeting. ABC manages rental housing for low and very
	low income families and senior citizens.
Catholic Charities Diocese of Allentown 900 South Woodward Street Allentown, PA 18103 610-435-1541	Provides rent assistance and budget counseling.
Community Action Committee of the Lehigh Valley (CACLV) 1337 East Fifth Street Bethlehem, PA 18015 610-691-5620	Provides low to moderate income families with a continuum of coordinated services in order to better meet their housing and consumer credit needs. Provides pre-purchase and presettlement counseling, first-time home buyers seminars, financial education and mortgage foreclosure prevention counseling.
Hispanic American Organization, Inc. 462 Walnut Street Allentown, PA 18102 610-35102292	Provides information and referral for housing related programs for affordable, decent housing. Provides extensive counseling on budgeting. Provides translations and services to help individuals deal effectively with landlords. Rental assistance – when funding permits.
Neighborhood Housing Services of the Lehigh Valley 239 North Tenth Street Allentown, PA 18102 610-437-4571	Home buying assistance for eligible low to moderate income families. Provides counseling for individuals in the areas of credit and budgeting, pre-closing, post-purchase, home buyer education.

INDIVIDUALS WITH DISABILITIES – SERVICE AGENCIES

100	
ARC	Advocates, educates and provides services
Lehigh & Northampton Counties	and supports for individuals with intellectual and/or developmental disabilities and their
2289 Avenue A	families.
Bethlehem, PA 18017	Tarrilles.
610-849-8076	
ARCH	Provides a safe, therapeutic and educational
Autism Resource Community Hub of	environment for individuals with autism
Lehigh Valley	(regardless of age or ability) and their families. Provides a range of clinical and community
1347 Hausman Road	supports, resources and educational materials
Allentown, PA 18104	and training.
610-573-2500	<u> </u>
Association for the Blind – PA	Serves and assists the blind and visually
55 Gettysburg Pike, Suite A300	impaired.
Mechanicsburg, PA 17058	
717-766-2020	
Local:	
Center for Vision Loss, Lehigh County	
845 Wyoming Street	
Allentown, PA 18103	
610-433-6018	
Autism Society of Lehigh Valley	Mission of the Autism Society is to improve the
PO Box 3523	lives of all affected by autism in the Lehigh
Allentown, PA 18106	Valley and to maximize their quality of life.
610-751-6532	
Carbon Lehigh Intermediate Unit #21	Provides programs for early intervention,
4210 Independence Drive	education and evaluations. Provides programs
Schnecksville, PA 18078	to meet special education needs of public school students
610-769-4111	
Center for Independent Living	Assists individuals with any type of disability.
713 North 13 th Street	Provides supportive services and programs for
Allentown, PA 18102	information / referral, peer support, advocacy
610-770-9781	and independent living skills. Provides specialized services such as: specialized
	housing search/support, 24-hour sign language
	services, youth transition services, Veterans'
	services, job coach services, services under
	waiver programs and community education.
Easter Seals of Eastern PA	Provides services to disabled individuals and
1401 Lehigh Street, Suite 201	their families. Creates life-changing solutions
Allentown, PA 18103	for clients and their families.
610-298-0114	
Eastern PA Down Syndrome Center	Provides information and the latest medical
6900 Hamilton Boulevard	advanced information to parents and families of
Trexler Mall	individuals diagnosed with Down Syndrome.
Trexlertown, PA 18087	Provides social, emotional and educational
610-402-0184	support.
Education Law Center	Focuses on rights of children in the public
1315 Walnut Street	school system and early intervention programs.
Philadelphia, PA 19107	
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215-238-6970	
Good Shepherd Rehabilitation Hospital	Offers a variety of medical evaluations and
850 South Fifth Street	therapy services.
Allentown, PA 18103	
610-77603299	
Lehigh County Office of Intellectual	Manages federal, state and local funds to
Disabilities	provide a variety of home and community-
LV Government Center	based support services to children and
17 South Seventh Street	adults with developmental disabilities.
Allentown, PA 18101	
610-782-3126	
Mercy Special Learning Center	Parochial, non-residential school for children
830 South Woodward Street	and young adults with intellectual and
Allentown, PA 18103	developmental disabilities Serves individuals infant through age 21. TCL program for those
610-797-8242	over 21.
Miracle League of the Lehigh Valley	Provides opportunities for children with
	disabilities to participate in baseball,
1605 North Cedar Crest Boulevard	cheerleading and various activities.
Allentown, PA 18104	
610-769-2096	
5858 Sell Road	
Schnecksville, PA 18078	
610-769-2096	Decides and affective that we have
Office of Vocational Rehabilitation OVR	Provides evaluation services that may be needed to determine eligibility or to assist the
	customer in developing an appropriate
45 North Fourth Street	vocational goal and employment plan.
Allentown, PA 18102 610-821-6441	vocational goal and employment plan.
010-021-0441	Eligibility is based on determining if the
	applicant has a mental or physical
	impairment that causes an impediment to
	employment, and the applicant needs
	services to prepare for, enter, engage in, or
CAM	retain gainful employment.
SAM	Provides services to adults and children with diagnosis of intellectual developmental
Service Access and Management, Inc 951 Marcon Boulevad, Suite 3	disability. Supports coordination may include
Allentown, PA 18109	determining need for services,
610-419-9102	identifying/locating providers of services,
1-855-641-0856	coordinating waiver services, ensuring health
	and safety of clients.
Special Kids HelpLine	Email: RA-BFHSKN@pa.gov
1-800-986-4550	Connects families to resources.
Special Kids Network	www.health.pa.gov/topics/programs/Special%2
	0Kids%20Network/Pages/Special%20Kids%20
	Network.spx
	Assists providers and parents of children and
	youth with special health care needs to access
	local services and supports. Connects families
	to resources within their community.
	Information provided includes: education,
	transportation, housing, medical assistance

	programs, waiver programs, transitional resources, employment, equipment, assistive devices, early childhood, childcare.
VIA of the Lehigh Valley 336 West Spruce Street Bethlehem, PA 18018 610-317-8000	Provides to children and adults with disabilities and their families services that facilitate developmental and educational opportunities, career, home, leisure and retirement.

INTERVENTION / PREVENTION AGENCIES

Allentown Health Bureau 245 North Sixth Street Allentown, PA 18102 610-437-7760	Provides prevention education services to Lehigh County drug and alcohol providers, staff and clients. Provides confidential counseling and testing for HIV, screening and treatment for sexually transmitted diseases, tuberculosis testing, Hepatitis B and C screenings
Center for Humanistic Change 555 Union Boulevard Suite 7, Second Floor Allentown, A 18109 610-433-1595	Provides educational and informational programs to prevent substance abuse. Programs and trainings are offered in schools and communities as classroom programs, small groups and one-time presentations.
Granite Recovery Centers 1-855-712-7784	Offers drug and alcohol treatment programs. Website: graniterecoverycenters.com
KidsPeace 1650 Broadway Bethlehem, PA 18015 1-888-720-3784	Provides out-patient programs or groups with co-occurring mental and substance abuse disorders, HIV, AIDS, transgender clients and clients referred from the court/judicial system.
Lehigh Valley Drug & Alcohol Intake Unit 100 North Third Street, Suite 401 Easton, PA 18042 610-932-0394	Evaluation and referral services. Serves as vital source of drug and alcohol information for the Lehigh Valley. Services include answering telephone inquiries, distributing printed literature, presentations to local groups and inservice professionals in the field.
National Gambling Help-Line Council of Compulsive Gambling of PA	Help-Line – 1-800-522-4700 Help-Line – 1-800-522-4700
	Offers counseling, treatment, self-help, support groups.
Valley Youth House 3400 High Point Boulevard Bethlehem, PA 18105 610-820-0166	Provides drug and alcohol prevention, education and information in the schools and in the community. Services are provided through both small group format and classroom presentations.

INTENSIVE CASE MANAGEMENT - SOCIAL SERVICES AGENCIES

Intensive Case Management (ICM) Services is a collaborative process that assesses, plans, implements, coordinates, monitors and evaluates the options and services required to meet a youth's mental health and human services needs. The ICM program is a home and community based program tailored to each client and created around a "whatever it takes" attitude. The ICM provides intensive case management through a consumer specific service plan based on strengths and needs to work toward goals and specific outcomes. Services continue to be available provided the consumer meets the sixth month review criteria based on functional and need levels of that client. ICM services can be utilized as an added resource to other services already provided in the home, or as a primary source.

Community Solutions 2015 Hamilton Street, #6, Allentown Holcomb Associates 1405 North Cedar Crest Boulevard, #105 Allentown, PA 18104 KidsPeace National Centers 1650 Broadway, Bethlehem KidsPeace National Centers 610-391-7480
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1405 North Cedar Crest Boulevard, #105 Allentown, PA 18104 KidsPeace National Centers 1650 Broadway, Bethlehem KidsPeace National Centers 610-799-8000 610-391-7480
Allentown, PA 18104 KidsPeace National Centers 610-799-8000 KidsPeace National Centers 610-391-7480
KidsPeace National Centers610-799-80001650 Broadway, Bethlehem610-391-7480
1650 Broadway, Bethlehem KidsPeace National Centers 610-391-7480
KidsPeace National Centers 610-391-7480
710 00 1 1 100
0.400 D
3438 Route 309, Orefield
Lehigh County Office of Mental Health 610-782-3500
LV Government Center
17 South Seventh Street, Allentown
Lehigh Valley Drug & Alcohol Unit 610-932-0394
100 North Third Street, #401, Easton
Lehigh Valley Community Mental Health 484-221-9136
Center, Inc.
530 N. Seventh Street, #105B, Allentown
National Mentor Healthcare, Inc 610-782-3500
Magellan
17 South Seventh Street, Allentown
Northwestern Human Services 610-791-4358
660 East Emaus Avenue, Allentown
Resources for Human Development 610-882-1355
65 East Elizabeth Avenue, Bethlehem
Step-By-Step 610-776-1224
275 Linden Street, Allentown

LEGAL SERVICES

Lawyer Referral Service 1114 Walnut Street Allentown, PA 18102 610-433-7094	The Lehigh County Bar Association offers a half-hour consultation for \$25.00.
North Penn Legal Services, Lehigh Valley Office 559 Main Street, Suite 200 Bethlehem, PA 18108 610-317-8757	Non-profit organization providing civil legal aid to low-income residents of Northeastern PA. Provides legal assistance so that people can know their rights. Free legal representation in non-criminal matters, such as eviction from housing, discrimination, family law and consumer protection issues.

SENIOR / AGING POPULATION SERVICES

Catholic Charities Diocese of Allentown St. Paul's Church 900 South Woodward Street Allentown, PA 18103 610-435-1541 Center for Healthy Aging	Adult day-care. Full or part-time basis. Provides out-patient geriatric assessments,
17 th & Chew Streets Allentown, PA 18102 610-402-2273	monthly education programs, monthly nursing education, connections to community programs and Medicaid/Medicare benefit assistance program
Lehigh County Office of Aging and Adult Services LV Government Center 17 South Seventh Street Allentown, PA 18101 610-871-2890	The Lehigh County Office of Aging and Adult Services is committed to supporting and empowering the well being of all adults of all ages, residing in Lehigh County. The office advocates for Lehigh County residents and provides a wide range of services and information to help adults to be well informed. Information and assistance is provided to enable individuals to remain active, healthy, productive and independent in their community.
Lehigh Valley Aging in Place (LVAIP) Box 3103 Allentown, PA 18106 1-877-334-8942	Lehigh Valley Aging in Place (LVAIP) has been a resource helping families help seniors since 2005. The annual resource guide provides information regarding over 100 members serving senior needs, with 10,000 guides distributed yearly! Expanding community outreach, education and programming have reached 150,000+ families and seniors over the years. Resource Guide: http://lehighvalleyaginginplace.org/
United Way of the Greater Lehigh Valley 1110 American Parkway Northeast Allentown, PA 18109 610-758-8010	United Way of the Greater Lehigh Valley convenes partnerships throughout Lehigh, Northampton and Carbon counties to ensure seniors stay healthier and have a better quality of life.

SUBSTANCE ABUSE SERVICES

Al-Anon-Alateen	www.pa.al.anon.org
	www.pa.al.anon.org/meetings
Alcoholics Anonymous	www.aalv.org
•	www.aalv.org/meetings
Alcohol Anonymous Hot-Line	610-882-0558
Allentown Comprehensive Treatment Center	610-481-0444
Allentown Health Bureau	610-437-7760
Confront Treatment Centers	610-433-0148
DUI Intervention Classes	215-638-5266
Halfway House of the Lehigh Valley	610-439-0128
Hispanic American Organization	610-351-2292
Lehigh Valley Drug & Alcohol Intake Unit	610-932-0394
Keenan House	610-439-8479
MARS – Mid-Atlantic Rehabilitation Services	610-419-3101
New Directions Treatment Services, Inc	610.758-8011
Pyramid Healthcare of Lehigh Valley	610-434-1126
Riverside Care	610-868-0435
Step-By-Step, Inc	610-776-1224
Tobacco Treatment Programs	www.lvhn.org/medical-
	services/tobacco-treatment-program
	www.bethlehem-
	pa.gov/health/injurydisease/tobacco
Valley Youth House	610-820-0166
White Deer Run	610-595-9066

TRANSPORTATION

	T
Lanta Van	Door-to-door, shared ride service, available to
1060 Lehigh Street	riders in Lehigh County registered and certified
Allentown, PA 18103	as eligible for sponsorship under various
610-253-8333	transportation funding programs. Services for -
010-200-0000	People with a valid Medical Assistance (M.A)
	ACCESS Card (to M.A. reimbursable
	appointments (doctors, medical tests and
	treatment, dialysis, etc.); Physically disabled
	persons eligible under the Americans with
	Disabilities Act (ADA); Clients of the Lehigh
	County Area Agencies on Aging.
BE U. I.A	, , ,
Medical Assistance Transportation	Provides transportation to medical services for
Program	M.A. consumers who do not have other
210-253-8333	transportation available to them. May include
	any of the following tickets/tokens to ride
	public transportation, mileage reimbursement
	for use of private car, Lanta Van services.
Ways to Work	Helps families get a low-interest loan of up to
(Family Answers Program)	\$4,000 to purchase a used car or repair an
411 North Walnut Street	existing vehicle. Provides financial education
Allentown, PA 18102	and skills.
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484-223-2068	

UTILITIES

Low Income Home Energy Assistance Program (LIHEAP) Lehigh County 610-821-5886 PA Public Utility Commission HOTLINE – 1-800-692-7380 www.puc.state.pa.us	Provides cash grants to help with heating bills. Provides crisis grants to help families facing emergency situations (broken equipment, fuel shortage, utility shut-off). Eligibility – must meet federal poverty income guidelines. Investigates termination of utilities. Within 24 hours service may be turned back on. For telephone complaints or concerns: 1-800-782-1110.
	For electric , gas or water – Call local company first; if unresolved call PA Public Utility Commission
PPL – On-Track Program Works With: Union Snyder Community Action Agency 570-374-0181	Assists with electric bills during hardships. Income and living expenses are compared to determine eligibility.
PPL Wrap Program 2-1-1 1-888-856-2773	Weatherization assistance. Pennsylvania's Weatherization Assistance Program increases energy efficiency in homes by reducing energy costs and increasing comfort while safeguarding health and safety.
Salvation Army 144 North Eighth Street Allentown, PA 18101 610-432-0129	Assistance with gas bills. Has Spanish speaking staff.
UGI 610-866-0951 1-800-843-6154	Variety of programs to assist low-income families.